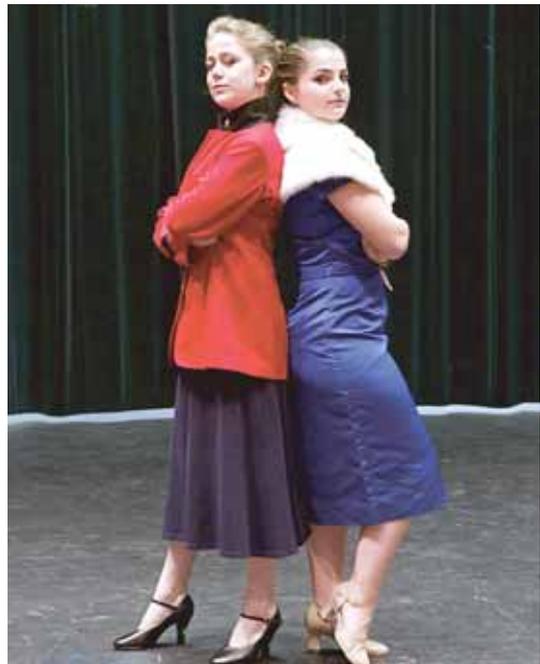
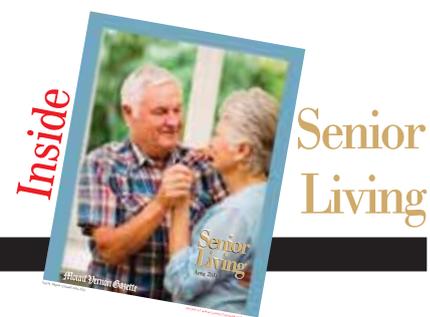


# Mount Vernon Gazette

MOUNT VERNON'S HOMETOWN NEWSPAPER • A CONNECTION NEWSPAPER

APRIL 7, 2016



## 'Guys and Dolls' at MVHS

Eva Alpar (left) and Tyler Sofi Harai are in character and ready to go. Eva is cast as Sarah Brown and Sofi will be playing Miss Adelaide.



Christian Menendez (left) and Tyler Shores portray Sky Masterson and Nathan Detroit in the upcoming show.



**Bailey Sudler (left) and Erin Hugee work on creating choreography for the Hot Box Dancers.**

PHOTOS BY  
RENÉE RUGGLES  
THE GAZETTE



Caitlin Davis (left) and Carlos Blanco, members of the Costume Crew, cut fabric that will be used for the dancers' dresses.



Signs are popping up in the neighborhood. Mount Vernon High School's Drama Department will present "Guys and Dolls," April 15-16. Tickets are available online at: [www.mvtheatrearts.com](http://www.mvtheatrearts.com).

## Glitz, Glamour And Giving

Las Vegas-themed Friends of UCM Spring Gala raises \$185,000.

BY TIM PETERSON  
THE GAZETTE

The sparkling red sequins and crown of spindly feathers moved gracefully with the long-limbed Vegas showgirl around supporters of the Mount Vernon area social services organization United Community Ministries as they play-gambled and silently bid on auction items at the casino-themed Friends of UCM 2016 Spring Gala.

Volunteers Colleen Haddow, Meg Galanty and Donna Jarvis-Miller were co-chairs of the gala. Haddow said the casino theme for this year was chosen for "fun." "I love Las Vegas, lots of great Vegas trips."

The Friends of UCM divide their fundraising efforts between the gala and a Capitol Steps show each fall. The performance last November brought in \$92,000.

The co-chairs expected close to 300 guests to fill up that area of the U.S. Patent and Trademark Office in Alexandria, the third year the gala has been held at this location. With the strong attendance, the ladies' fundraising goal for the evening was \$200,000. As of April 4, they'd reached \$185,000.

"The space really makes it a first class event," said Friends of UCM Board member Jim Seeley. "UCM is so many parts. We have furniture at the UCM store, early learning programs, job training, Dress for Success workshops, a lot of different synergy. The Recession may be over, but our demand is even greater. It's a busy, exciting time for us."



UCM Executive Director Nichelle Mitchem and husband John Adamson.

"We greatly appreciate all these people who came out to support us," said UCM Executive Director Nichelle Mitchem. "The 2015 Fairfax County Equitable Growth Profile showed the need for human services, the growing number of people in poverty, projected through 2040. They need job training, English as a Second Language class, all things UCM provides. It reminds us our services are critical, now and in the future, to enhance people's, including foreign-born, capability to earn living wages."

Some of the Vegas-specific items up for the night's silent auction fundraiser included packages donated by resort hotels in the storied Nevada city, including The Ritz-Carlton, as well as artwork, sports tickets, jewelry, home and garden products, and golf and dinner packages.

Supervisor Dan Storck (D-Mount Vernon) called UCM's impact "huge," adding that they're the "fundamental social services organization in Mount Vernon-Lee community, and are a key model for a lot of other organiza-

SEE LAS VEGAS-THEMED. PAGE 3

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**Alexandria \$684,000**

Sunny rooms, gleaming wood floors and a 1/3 acre lot check boxes on everyone's wishlist. All 4 bedrooms are upstairs and the master bath has gorgeous vanity & tile. Eat-in kitchen & finished basement. Easy access to GW Pkwy & Rt 1. 8012 Candlewood Dr.

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LizLuke.com



**Wilton Woods \$729,000**

A true Wilton Woods classic center hall colonial re-imagined, renovated, well-loved on large wooded lot offers great kitchen with gas cooking, 2 fireplaces, zoned HVAC, wide brick patio, fully-fenced rear yard and screened-in porch. Room for pool or addition.

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**New Alexandria \$599,000**

Fabulous stone-front Cape Cod on a cul-de-sac with an entertaining deck, glorious backyard & high-end finishes. Open country kitchen features farmhouse sink, granite & stainless, double ovens & gas cooktop. 2 updated baths. Cherry floors. 6422 14th Street

**Paul Anderson & Julian Burke**  
703.408.0676 | 703.867.4219  
paulvander.com



**Rosemont \$699,000**

Fantastic opportunity in Rosemont! Easy walk to 2 Metro stops. Just a hop skip and a jump to Del Ray in one direction, Old Town in the other. Walnut Street has a mix of original and newly renovated homes, and will easily support a super renovation.

**Robin Arnold**  
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**Alexandria \$495,000**

Wonderfully Updated! 4 large bedrooms, 2 updated baths, huge, fenced yard backing to Mt. Vernon trail. Open main level - hardwoods and cathedral ceilings. NEW: 2-stage HVAC, stainless appliances & water heater. 3805 Sulgrave Drive

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McEneaney Associates is proud to support St. Coletta of Greater Washington and their We Are All Made of Star Stuff Gala.

Saturday, April 9, 2016 · 6:30 - 11:30 pm  
Mandarin Oriental Hotel

Evening includes cocktail reception, silent auction, seated dinner, live auction, music and dancing, and a performance by St. Coletta students.

For more information, visit  
[www.stcoletta.org](http://www.stcoletta.org)

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**Lorton Station \$749,000**

Bright, spacious 4-bedroom, 3.5-bath home on cul-de-sac. Built in 2005 with many upgrades. Largest model with open floor plan, cathedral ceilings, huge walk-out basement & chef's kitchen. Quick to 95, walk to restaurants. 7966 William Augustus Ct.

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**Alexandria \$515,000**

End unit townhome with 2 assigned parking spaces and wonderful outdoor space. Offers 3 bedrooms and 3.5 baths. Master with en-suite, updated kitchen, finished lower level and great community amenities. 6245walkerscroft.mceneaney.com

**Sue & Allison Goodhart**  
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TheGoodhartGroup.com



**Alexandria \$729,000**

2 lights to Old Town! The largest model in this luxury enclave! Private patio backing to trees; open floor plan, 2 master suites; soaring ceilings, custom kitchen, and BONUS finished lower level with 2 bedrooms, fitness & laundry rooms! 1903 Duffield Lane

**Janet Caterson Price**  
703.960.5858  
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**Alexandria \$939,000**

This striking, easy-living Craftsman home, circa 2011, offers 5+ bedrooms, new rec room, plantation shutters, wood floors. 2-car garage. Zoned heat. Gas cooking & heat. 1/2-acre lot with large, southern-facing flat side yard.

**Ann Duff**  
703.965.8700  
AnnDuff.com



**Old Town \$1,050,000**

Historic District, quarter-attached end unit, with 2600+ SF on just 2 levels. Rebuilt & expanded, this darling offers large rooms, lovely arched walkways & sun streaming down its 56-ft long south facing side. 309alfred.mceneaney.com

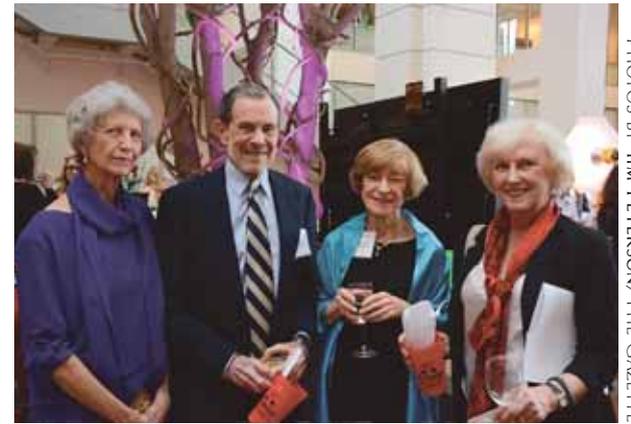
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GenevieveMoorhouse.com



From left: Colleen Haddow, Meg Galanty and Donna Jarvis-Miller are volunteer co-chairs of the 2016 Friends of UCM Spring Gala.



From left: State Sen. Adam Ebbin (D-30), Del. Paul Krizek (D-44) and Del. Mark Sickles (D-43) get their faux chips ready at the Friends of UCM 2016 Spring Gala.



From left: Virginia Martin, former UCM Board presidents Joe and Marie Canny, and Trudi Hahn support United Community Ministries.

PHOTOS BY TIM PETERSON/THE GAZETTE

# Las Vegas-themed Spring Gala Raises \$185,000

FROM PAGE 1

tions in the community and the county. They've had great leadership, great board and staff."

Storck said UCM is being considered as well as several Mount Vernon non-profits as potential tenants to fill the old Mount Vernon High School. The supervisor said staff is putting together an impact task force, but that the fit "to me is natural."

Mitchem said the space the building could offer UCM is "ideal," as is the concept of putting multiple nonprofits under one roof. It would be "a one-stop shop to address needs," she said.

Following the silent auction and play-gambling, UCM supporters shifted to the ballroom-dining room for dinner and remarks. In years past, the program has featured a video of clients who've benefitted from UCM services. This year for the first time, they brought live clients to share personal testimony.

"They really talk from the heart about the impact," co-chair Jarvis-Miller said. "They're the best advocates for getting people to open their purse strings and their wallets."

High School sophomore from the Mount Vernon area Deneisha Walton spoke about her experience beginning to visit the Creekside Village program of UCM.

"When I walked into the community cen-



PHOTO COURTESY OF EVENT PHOTOGRAPHY OF NORTH AMERICA CORP.

**Donor Sheldon Richman (left) and UCM Executive Director Nichelle Mitchem (right) with a plaque commemorating the legacy gift to UCM in memory of Richman's wife and UCM volunteer Basic Needs Counselor Arleen Richman, who died last year.**

ter I didn't know what to expect," Walton said. "I wasn't making the best decisions for myself nor was I on the right track.

What I ended up finding was an opportunity to meet different people, kids in my age group that had the same goals and as-



PHOTO COURTESY OF EVENT PHOTOGRAPHY OF NORTH AMERICA CORP.

**Program speakers at the Friends of UCM 2016 Spring Gala included (from left) Nani Swaminathan, UCM Youth Development Specialist who directs the UCM Forward Steps after-school program for ages five to teens; Kathy Lehner, UCM volunteer and mentor; high school sophomore and Creekside Village participant Deneisha Walton; and Princessa Williamson, mentor and instructional assistant at Quander Road School.**

pire to be better each and every day. Coming to the center every day taught me to have a better outlook on things, my self respect and most importantly to believe in myself, to be my own star in the story of my life."

After the speakers came a reverse auction, another opportunity to raise funds for UCM. "They get the feeling how much the money makes a difference," Jarvis-Miller said. "\$50 may not seem like a lot, but that's feeding a client for a month" with UCM's food bank.



From right: Supervisor Dan Storck (D-Mount Vernon) and his wife Deb visit with longtime friends and neighbors David and Teresa Burnau Evans.



From left: State Sen. Scott Surovell (D-36), UCM Board member Claudia Creo, Daniel Sanders and Del. Paul Krizek (D-44).

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**Alexandria \$899,000**  
**6812 Smithway Dr.** Custom-built colonial, Six bedroom, five full and one half bathroom, Brazilian cherry floors, high ceilings, recessed lights, crown moldings, 3,160 sq ft, on double-sized lot, shed, conveniently located close to all major routes, G.W. Pkwy, shops, library, schools. Home Warranty. Decorator allowance for painting or painted prior to closing. *Elvira Jakovac 571-405-8058*



**Alexandria/Ivy Hill \$849,000**  
**605 Melrose Street.** Classic 3 bedroom, 3 bath expanded colonial just 1 mile from the King St. METRO! Living room with fireplace, kitchen with granite counters, adjoining family room with breakfast area, wet bar and custom built-ins. Lower level recreation room with full bath. Fenced yard with patio, side porch and off-street parking. *Christine Garner 703-587-4855*



**Alexandria \$599,000**  
**2316 N. Early Street.** Deceptively spacious 4 bedroom, 2 bath brick home with a 2-car garage! Beautifully updated and full of charm. Living room with fireplace flanked by built-ins. Dining room opens to kitchen with granite counters & breakfast bar. 3 bedrooms on the main level and huge lower level family room, guest room and full bath. *Christine Garner 703-587-4855*

**NEW PRICE - OPEN SAT 12-2, SUN 2-4**



**Alexandria \$488,000**  
**8324 Cooper St.** Your private country estate awaits. Enjoy grilling on a screened porch, cool spring nights by the fire pit. Relax in a hammock as pets & kids safely play in fenced .36 acre lot. Open floor plan, enlarged master suite. Two-car garage & workshop for DIY projects. Lower 3 bedrooms/full bath with walk-out perfect for in-laws or home businesses. Visit today! *Joni Koons 703-209-7277 • Lindsay DeAngelis 703-608-3445*

**OPEN HOUSE 1-4**



**Alexandria/Del Ray \$625,000**  
**1402 Wayne St.** Fabulous 3 Bed/2.5 Bath Del Ray town house. Features include: new carpeting, freshly painted interior, eat-in kitchen, updated SS appliances, master bath, hardwood floors, large floored attic & spacious fenced-in backyard w/brick patio. Convenient to shops, restaurants, pharmacy and weekend Farmers' Market on Del Ray's vibrant Mt. Vernon Avenue. *Bobi Bomar 703-927-2213*

**OPEN SUNDAY 1-4**



**Alexandria \$569,000**  
**522 E Luray Avenue.** Beautiful, updated three level town house in the Del Ray neighborhood, just a short stroll to Braddock Metro, features hardwood floors, newly renovated kitchen with granite countertops, stainless steel appliances and subway tile backsplash. Finished lower level with new carpet and updated full bath and laundry room, walks out to fully fenced, professionally landscaped backyard and deck perfect for entertaining. [www.HomesofAlexandria.com](http://www.HomesofAlexandria.com)  
*Bobi Bomar 703-927-2213*  
*Ellen Hunt 703-328-9430*



**Long Branch Estates, Fredericksburg \$449,900**  
**11400 Branch Court.** Gorgeous 5 bedroom, 4.5 bath home on 1/2 acre close to Historic downtown Fredericksburg and Mary Washington University! Perfect for 1 level living yet has 3 finished levels with plenty of room for all! Wired for telecommuting! *Christine Garner 703-587-4855*



**Alexandria/Kingstowne \$310,000**  
**5916 Founders Hill Dr. #204.** Beautiful 2 BR/2 BA! Wood floors in living, dining and entry. Bright corner unit. Light cabinets, granite, stainless. Eat-in kitchen space. Nice outside deck. High ceilings, fresh paint, 42-inch cabinets, gas fplc, and MBR w/a walk-in & luxury bath w/decadent soaking tub! Near I-95 & Van Dorn Metro! *Julie F. Hall 703-786-3634*



**Old Town \$804,000**  
**220 Green Street.** Delightfully renovated 3 level brick home with parking. With 2 bedrooms + Den and 2 fireplaces, you will love the refinished wood floors, the built-ins and the all-white kitchen. *Diann Hicks Carlson 703-628-2440*



**Old Town \$514,000**  
**621 N. St. Asaph St.** Sensational location for this wonderfully presented 2 BR flat located in sought-after Portner House. 2 parking spaces, a fireplace, wood floors, updated kitchen, high ceilings and a private balcony. *Diann Hicks Carlson 703-628-2440*



**Alexandria \$595,000**  
**6411 Hillside Lane.** Totally Remodeled to a Perfect 10. Open concept floor plan offering full bath on all three levels plus additional half bath on main. Fenced 1/2 acre lot with pool and additional large grass area. Island kitchen opens to spacious covered porch. Enjoy all these amenities while being close to restaurants, shops, Old Town and major roads. Minutes to Huntington Metro and easy commute to all military facilities. A wonderful home to enjoy with family and friends. *Mary Smith 703-626-9207*



**3 CONDOS - ALEXANDRIA HOUSE**  
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**Alexandria • 400 Madison Street**  
 Condo 2108 - 3 BR, 2 BA, NEW Corner, D.C. Views.....\$1,185,000  
 Condo 1701 - 2 B, 2.5 BA, SEW Views, Fireplace.....\$835,000  
 Condo 505 - 1 BR, 1 BA, N Views, Pied-à-Terre...\$395,000  
*Lib Willey 703-362-7206*

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# Community Champion Named

## Storck honors Alice's Kids' Ron Fitzsimmons.

District Supervisor Dan Storck (D-Mount Vernon) named Alice's Kids Executive Director and founder Ron Fitzsimmons his 2016 Community Champion, an honor typically bestowed at the Fairfax County Volunteer Service Awards. Fitzsimmons couldn't attend this year's awards so Storck recognized him in a ceremony at the Mount Vernon District Government Center on April 4.

Alice's Kids takes referrals from United Community Ministries, school social workers and other sources of young boys and girls whose self-esteem could benefit from individual items such as new shoes, bus fare, beds, summer camp tuition or coats.

"We pay for the small intangibles," Fitzsimmons said in a 2015 interview. "The contribution is typically a quick action on our part to fulfill a commitment that enables a needy child to realize a dream, goal or benefit," Fitzsimmons said.

In 2015, Fitzsimmons said Alice's Kids was able to

help 269 children.

With regards to being named Community Champion, Fitzsimmons said, "I am honored to be recognized," in an email. "There are so many amazing community activists in Mount Vernon, I am humbled that Supervisor Storck selected me."

— TIM PETERSON



Elise Neil Bengtson (left), chief executive officer of Volunteer Fairfax, and Supervisor Dan Storck (D-Mount Vernon, right) recognize Alice's Kids Executive Director Ron Fitzsimmons (center) as Mount Vernon District Community Champion.

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Mount Vernon Gazette

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Alex./Wessynton \$679,900  
3301 Wessynton Way  
Beautiful Contemporary Split on one of Wessynton's premiere lots backing to over 10 acres of pristine forest, teeming with wildlife and spectacular views. Roof, furnace, A/C, HWH, double pane windows replaced. Great, Great Value at this price. 5 minutes to Ft. Belvoir, 15 mins to Alexandria. Community pool, boat ramp and walking trails.



Alex./Riverside Estates • \$649,900  
8425 Mount Vernon Highway  
Beautiful home w/over 4,000 sq ft & 2 level addition in lovely Riverside Estates. Great rm on main lvl w/gas fpl & wet bar. Adjacent family room w/wood-burning fpl. An office adjoins the gorgeous 20' x 32' master bedrm addition w/vaulted Douglas Fir ceiling & skylights. Library/studio on upper lvl addition. Both HVAC systems, HWH & roof replaced 2011. Close to Fort Belvoir.



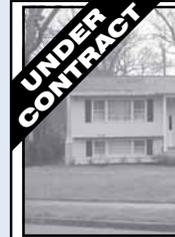
Alex./Sulgrave Manor • \$499,900  
8802 Adrienne Court  
Lovely and charming 3 level split on a stunning .53 acre wooded lot and cul-de-sac. 3 BRs, 2 updated BAs, beautiful hardwood floors. Vaulted ceiling between living and dining rooms – scenic view of the wooded backyard and patio through a wall of windows. Large single garage – all this serenity, yet only 30 minutes south of D.C., 7 minutes (N) to Fort Belvoir.



Alex./Sedgewick Forest • \$559,000  
4015 Gibbs Road  
Large, lovely, updated 4 level split on a beautiful .46 acre lot – Large kitchen w/granite counters & ceramic tile floors – 3 upgraded baths – 2 fireplaces & upgraded DBL pane windows throughout – 2nd lower level offers utility rm, workshop & storage rm. Large double carport overlooks beautiful bkyd w/large shed/workshop w/electric power – 7 minutes to Ft. Belvoir (S), 15 mins to Old Town (N) – Great Home & Property!



Alex./Riverside \$559,000  
8332 Wagon Wheel Road  
Riverside Estates' most popular Colonial Model—5 BR, 3.5 BA w/3 finished levels, 2 FPLs, 1-car garage on a lovely lot. 5 large spacious BRs, refinished hwd floors on main & upper levels plus new carpet on lower level. Freshly painted interior, new windows, siding & gutters. 6 mins to Fort Belvoir, (S), 15 mins to Old Town (N), & 27 mins to National Airport (N). This is a Gem!



Alex./Riverside Estates \$569,000 • 8316 Orange Ct.  
Wonderfully updated new listing – 5 BR, 3 BA Split w/2-car garage, spectacular stained & screened back porch perfect for entertaining. Beautiful hardwood floors, updated kitchen w/hdwd, Corian counter tops & a bump-out breakfast area. Updated baths w/jetted tub in hall bath. Lower level offers large family rm w/gas fireplace, 3rd bath & 5th bedrm. This is the complete package. 5 mins to Ft. Belvoir (S) – 15 mins to Old Town Alex, (N).



Alex./Stratford Landing \$619,900  
8720 Bluedale Street  
Tremendous value in this remodeled and meticulously maintained 5 BR, 2.5 BA Split – Upgrades include: Kitchen, Baths, DBL Pane Windows, Roof & HVAC. Freshly painted interior, beautiful hwd floors & a large deck overlooking a gorgeous, landscaped yard. – 15 minutes to Ft. Belvoir (S) & 10 mins to Old Town (N), along scenic G.W. Pkwy – Great Home!

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Email announcements to [gazette@connectionnewspapers.com](mailto:gazette@connectionnewspapers.com). Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

### SUPPORT GROUP

**Family Support Group.** 7 p.m. on the second and fourth Wednesdays of the month at Gartlan Center, 8119 Holland Road. Opportunity for discussion, information and support for families with members experiencing symptoms of mental illness. Professionally facilitated. Program varies, may include guest speakers, movies. Pre-registration is appreciated, but not required. Free. For more information contact Nga Nguyen at 703-799-2726, TTY 711.

### THURSDAY/APRIL 7

**Marketing in a Hyper-Digital World.** 8:30-10 a.m. at Holiday Inn Express, 6055 Richmond Highway. Learn to enhance a business' online and social media presence. Emily Paterson is a successful entrepreneur who specializes in search engine optimization and content creation for small businesses. The event will kick off with the "One Degree Ice Breaker," a speed-networking session. Sponsored by the Southeast Fairfax Development Corporation. Call 703-360-5008, email [info@sfdc.org](mailto:info@sfdc.org) or visit [www.sfdc.org](http://www.sfdc.org).

### FRIDAY-SUNDAY/APRIL 8-10

**Job Fair.** 9 a.m.-4 p.m. at 2nd Avenue Value Stores, 8750 Richmond Highway. 2nd Avenue Value Stores will host a three-day job fair event as



PHOTO CONTRIBUTED

### Military Appreciation Night

**YN2 Raymond Attaway (center) directs the Silent Drill Team of the U.S. Coast Guard Honor Guard, while Hayfield varsity lacrosse players look on, at last year's Military Appreciation Night. The Coast Guard's Silent Drill Team and Color Guard will also appear at the 2nd annual Military Appreciation Night on Friday, April 15 at 7 p.m. Free admission will be offered to all military members and dependents with valid military ID. The event will raise funds for Fisher House at Fort Belvoir, a "home away from home" for military families when a loved one is undergoing medical treatment. Last year the event raised over \$800 for Fisher House, and Hayfield Boys' Lacrosse hopes to raise over \$1,000 this year.**

it prepares to open its first location in Alexandria.

hosting a British style car boot sale, similar to a yard sale but items are sold from the trunk or "boot" of the car. Sellers: \$20 to rent a parking spot. Free to attend, open to the public. Contact Dawn McMillin at [mcmillin23@cox.net](mailto:mcmillin23@cox.net) or 703-780-9418.

### SATURDAY/APRIL 9

**Car "Boot" Sale.** 8 a.m.-noon at St. Luke's Episcopal Church, 8009 Fort Hunt Road, Alexandria. St. Luke's is



## 5th Annual Michael M. Skinner Mount Vernon Community Day Golf Tournament May 9, 2016

For information contact:  
Michael Gailliot 571-485-0070

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**Alexandria—8007 Jackson Road (Hollin Hall) 22308 \$799,000**



MLS#FX9528814. M&T Home Builders will design & build a new, custom home over the existing foundation on this 10,118sf lot. Pricing includes purchase of the "As-Is" house (FOR SALE BY OWNER) and a construction contract for a 2-story home with 4BRs and 3.5 plus baths. Financing information available. Call for tours of model home. (Image is example of customized kitchen.)

**Alexandria—2509 Leslie Ave (Del Ray) 22301 \$1,099,000**



New on the market. Don't miss this chance to own a completely renovated home on a corner lot in the quaint and charming Del Ray community. M&T will completely renovate the "as-is" home to include a completely renovated 1<sup>st</sup> floor and a new 2<sup>nd</sup> floor over an existing basement and 1-car garage. 4 BR, 3 bath with open, great room-kitchen concept. Floor plans available. (Image shows preliminary design)

**Alexandria—1130 Arcturus Ln (Wellington/Ft Hunt) 22308 \$999,000**



A new charming, to-be built, contemporary craftsman, open-style home located between Fort Hunt Road and Geo Wash Pkwy. Home is customized for the buyer, ensuring another one-of-a-kind, meticulously designed M&T home on 15,000 SF lot. Optional 3 floors plus full basement, & 2-car garage. 4 large bedrooms, 4.5 bathrooms. Gourmet kitchen with granite tops, professional-series SS appliances. See MLS FX9546624. Financing info available. (Image here is an example.)

See other MLS listings:

Alexandria — FX9526374, FX9528814, FX8724743, and FX9567517

Arlington — AR9555136 and AR8734738

Annandale —FX8733393

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**ALEXANDRIA** \$3,500,000 | 212 S Fairfax Street  
One of the finest and most historic homes in Old Town. This stately four level townhouse is sited on two lots with towering trees and tranquil gardens. This exceptional property offers a grand foyer, 5 bedrooms, 4.5 baths, 4 off-street parking spots, tall ceilings and exquisite moldings.  
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**ALEXANDRIA** \$2,495,000 | 9407 Ludgate Drive  
Introducing the premiere water view residence in George Washington's beloved Mount Vernon. Custom built to exacting specifications, the residence is sited on a corner lot, w/ expansive Potomac River views from all 4 levels. Two master suites, one located on the main level, w/ spa-like baths.  
**BRENT JACKSON** +1 202 263 9200  
**HEATHER COREY** +1 703 989 1183



**ALEXANDRIA** \$1,595,000 | 407 Jackson Place  
**Under Contract:** Extraordinary home in Jefferson Park with meticulous detail & 10ft ceilings. Gourmet kitchen opening to family room. Separate dining. Luxurious master suite, 3 additional bedrooms on 2nd level. 4600+ total square feet. 5 BR/5.5 BA.  
**KRISTIN TROILO** +1 703 609 1661



**WELLINGTON** \$1,395,000 | 8236 W Boulevard Dr.  
Stunning brick colonial along GW Parkway, just steps to Potomac River. Over 5,000 finished square feet with 5 bedrooms, 4.5 baths. Recently finished lower level and luxury throughout.  
**PHYLLIS PATTERSON** +1 703 408 4232



**BELLE HAVEN** \$1,330,000 | 2210 Belle Haven Road  
Sited on a large corner lot in one of Belle Haven's quietest and most secluded locations, this beautiful home has so much to offer. Gracious formal rooms, totally renovated kitchen and baths, first-floor family room with a wet bar, screened porch, garage, and lovely fenced lot.  
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**ALEXANDRIA** \$999,000 | 419 N Fairfax Street  
**Under Contract:** Beautifully updated and maintained townhouse with wonderful spaces, a charming patio, off-street parking and access to a private pool and tennis court, just 4 blocks from lower King Street.  
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**OLD TOWN** \$985,000 | 400 Madison Street #2109  
Phenomenal River Views! The highest floor for a 2 Bedroom 2 Bath southeast corner unit in Alexandria House. Brand new gorgeous renovation.  
**KATHERINE ZWICKY** +1 703 408 0399



**OVERLOOK** \$899,000 | 5232 Winter View Drive  
**Open Sunday 1-4:** Breathtaking remodel and exceptionally maintained 4,000+ square foot patio home with main level master suite. Stunning floor plan with over-sized windows, walk out basement, large deck and patios. Overlook is a beautiful, quiet community with walking trails, clubhouse, pool, tennis and gate house. Conveniently located close to DC, Pentagon & more.  
**HEATHER COREY** +1 703 989 1183



**POTOMAC YARD** \$899,000 | 722 Annie Rose Avenue  
This consciously-designed, custom-built residence offers luxury and conventional livability. This 4-story home boasts over 2,500 square feet of living space, 4 large bedrooms, 3 full baths, 2 half baths, a large gourmet kitchen with an eat-in breakfast bar, granite counters and stainless steel appliances, brick accent wall, gleaming wide plank hardwood flooring, and 2-car garage.  
**BRENT JACKSON** +1 202 263 9200



**HUNTINGTON** \$599,000 | 2056 Huntington Ave.  
**Open Sunday 2-4:** Charming, large and updated Huntington detached home in great condition. Over-sized deck off kitchen area leads to fabulous, sunny garden with raised vegetable beds, slate patios, fire pit, flower beds and so much more.  
**HEATHER COREY** +1 703 989 1183



**GEORGETOWN, DC** \$3,200,000 | 3220 Volta Place  
Volta place is a historic landmark in the heart of Georgetown that features an elevator, high ceilings, hardwood floors, and elegant moldings throughout. There is an attached guesthouse with a bedroom and full bath. Garage parking.  
**MICHAEL RANKIN** +1 202 271 3344



**PHILLIPS PARK, DC** \$4,100,000 | 4450 Deerfield Rd  
Built in 2015, this Greek Revival is an original Phillips Park home designed by Jones & Boer Architects. Encompassing more than 6,500 square feet, this home offers six bedrooms, a chef's kitchen with La Cornue range, and generously proportioned public rooms with high ceilings.  
**MICHAEL RANKIN** +1 202 271 3344

**ALEXANDRIA, VA BROKERAGE**  
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**Belle Haven** 6048 Wodmont Road, Alexandria VA  
Brick Belle Haven Classic with river views. Large kitchen and family room combo. Formal LR and DR w/fireplace & gleaming hardwoods. 4 br, 3-car detached garage, 4 levels, stone patio. \$1,225,000  
Cathy D'Antuono 703-819-3077 MLS # FX9612552



**Manors at Mount Vernon** 8310 Centerbrook Place, Alexandria VA  
Unique opportunity! Center hall colonial w/6 brs, 4.5 ba, almost 6,000 fin. sq. ft. w/a 2-car garage on cul-de-sac; over 1 acre! Space, light, character=amazing! Backyard oasis w/stream \$1,199,000  
Bonnie Rivkin 703-598-7788 MLS # FX9612175



**Old Town** 317 Lee St South, Alexandria VA  
Historic plaqued jewel box in prime Old Town location. Original house built circa 1800 with beautiful family room addition and updates galore all since 2012. 3 fireplaces. 2 br, 3.5 ba \$1,025,000  
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**Open House Sunday 1-4 pm Malvern Hills**  
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Rita McCauley-Redmond 703-447-9114 MLS # AX96117742



**Open House Sunday 2-4 pm Carlyle Towers** 2181 Jamieson Avenue 910-911, Old Town Alexandria VA  
Rarely on the market! This 3 br, 3.5 ba condo has even more! Library/den, Powder Room, open balcony next to kit, sitting room. Garage parking for 3 cars! Come See! \$929,900 Marie Louise Meyer 703-929-1002 MLS # AX9612585



**Mount Vernon on the Green** 9174 Rosemary Lena Way, Alexandria VA  
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**Open House Sunday 2-4 pm Manors at Mount Vernon**  
8307 Centerbrook Place, Alexandria VA Great Value in 22308! Cul-de-sac in established neighborhood. 4 bedrooms, 4.5 baths, gourmet kitchen, cathedral ceilings in family w/rustic beams, fin. basement, 2-car garage. \$899,000 Bonnie Rivkin 703-598-7788 MLS # FX9597758



**Harbor View** 10821 Greene Drive, Lorton VA  
Colonial Sanctuary! 4 br, 3.5 ba. Private 3/4 acres of Fairfax County waterfront, views to Occoquan River & Belmont Bay, boating access. Surrounded by State, Regional & Federal Park. \$898,900  
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**Kingstowne**  
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MLS # FX9611323

**Join us for Virginia Continuing Education, April 22nd at 10:00 AM in the Old Town Office**

**Alexandria** 310 King St. | Alexandria, VA 22314 | 703.518.8300



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## Move Forward with Independent Oversight

**While FCPD has embraced many critical changes, supervisors need to move forward with oversight.**

Last week, the Fairfax County Police Department posted a list and progress report of 202 recommendations made by the Ad Hoc Police Practices Review Commission, each currently labeled as one of: implemented, in progress or under review.

Recommendations that are under review “require more review or approval from the Board of Supervisors,” according to the update.

Two landmark recommendations on independent oversight await further review and approval. One is the establishment of the Office of the Independent Auditor to review investigations of death or serious injury cases involving the FCPD; the other is to establish a Civilian Review Panel to review complaints concerning alleged FCPD misconduct.

The delay in moving forward with these two recommendations is a missed opportunity as the trial date for Adam Torres in the murder of John Geer approaches later this month, as the county will be under public scrutiny during coverage of the trial.

Chairman Sharon Bulova established the

police commission in response to public outcry over the shooting death of Geer by a Fairfax County police officer, later revealed to be Torres, and the delay and stonewalling in release of any information about the incident. Geer was killed in August 2013. It took 17 months, much agitation and a court order in response to a lawsuit on behalf of Geer’s family before the most basic information was released. In August 2015, Torres was charged with murder and ordered held without bond.

### EDITORIAL

The Public Safety Committee for the Board of Supervisors will meet in July to discuss all recommendations related to independent oversight. The next meeting of the Public Safety Committee is May 10 when they will take up commission recommendations related to use of force.

Strategically, the establishment of Office of the Independent Auditor should have been one of the first actions as a result of the recommendations. The Civilian Review Panel should also be an early priority. Contact Bulova, Supervisor John Cook who is chairman of the Public Safety Committee, and your own super-

visor, and ask them to move forward.

Several pieces of good news: Fairfax County police leadership have embraced significant changes as a result of the commission recommendations and an independent report on use of force, changes that have already had major benefits in how police respond in crisis situations. Diversion First, a plan to provide treatment rather than jail for certain people in mental health crisis who come into contact with law enforcement is up and running, a remarkable achievement. Money has been allocated in the current budget to implement changes.

The progress report is available here: <http://www.fairfaxcounty.gov/policecommission/progressreport.htm>

## Mother’s Day Photos

Mother’s Day is May 8 this year and as usual every year at this time, this newspaper calls for submissions to our Mother’s Day photo gallery. Send photos of mothers, grandmothers, great-grandmothers, with children or without children in the photos. Please name everyone in the photo, the approximate date, describe what is happening in the photo and include your name, address, email address and phone number. (We will not print your full address or contact information.) Upload directly to [www.connectionnewspapers.com/mothersday/](http://www.connectionnewspapers.com/mothersday/) or email to [gazette@connectionnewspapers.com](mailto:gazette@connectionnewspapers.com).

## Celebrating Donor Awareness Day

BY PAUL KRIZEK  
STATE DELEGATE (D-44)

This upcoming Monday is Donor Awareness Day, created by the Virginia State Legislature in 1997 to celebrate the contributions of organ and tissue donors.

As a proud registered organ donor, I wanted to pass along some information regarding some of my efforts to improve the process for organ donation this year.

I co-patroned HB652 with Del. John O’Bannon (R- Henrico) to update the terminology surrounding neurological death and also HB653, which eliminates the requirement that an individual indicate their willingness to make an anatomical gift every time they renew or replace their license. This bipartisan legislation passed with the overwhelming support of the full General Assembly.

Currently, Virginia drivers must indicate their desire to be an organ donor every time they renew their license. If they inadvertently forget to check the box, they are removed from the list of organ donors. This practice caused far more headaches than necessary.

Under the new legislation taking effect July 1, donors who for whatever reason wish to remove their names from the donor registry may still do so by calling the registry. The DMV does not maintain the official donor registry, so it was inappropriate that a clerical error could remove an individual from the list.

Donate Life Virginia identified this loophole as the number one area to fix, and I was proud to work across the aisle on this issue to improve the lives of Virginians who needed organ and tissue donations.

### COMMENTARY

HB652, updating the terminology regarding neurological death, was necessary to keep up with the pace with new advancements in our medical knowledge about the brain. Del. O’Bannon is an experienced doctor, and these advances could not have happened without his medical expertise.

I had previously considered introducing legislation, HB614, mandating choice so that we are required, when applying for a driver’s license, to indicate whether or not we are willing to make an anatomical gift rather than the current law that allows applicants the opportunity in the

affirmative only. However, I decided to withdraw the bill after learning that over half of all donated organs and tissues come from Virginians who were never on the donor registry. My legislation would have had the unintended consequence of creating a legally binding “no donate” list — which obviously is not what we wanted to do.

I intend to continue working with Donate Life Virginia and

### LETTER

## Decision On Re-paving

To the Editor:

As members of the community well know and as their daily commutes to and from work remind them, one of the most pressing needs in Northern Virginia is enhancement of transportation infrastructure. This means widening roads, synchronizing traffic signals, and enhancing mass transit whether it be buses, trains, light rail, or subway.

For the past several weeks, the greater community in the Fort Hunt area of Mount Vernon has been the subject of a widespread

other legislators willing to improve the process of organ donation and expanding the pool of potential donors. I encourage constituents to consider becoming an organ donor too, and to contact my office with ideas for legislation regarding organ donation and other issues. You can reach my office at [delpkrizek@house.virginia.gov](mailto:delpkrizek@house.virginia.gov). For more information about organ donation please visit [www.donatelifevirginia.org](http://www.donatelifevirginia.org)

road re-paving operation. As one who travels Mount Vernon roads on a daily basis, I wonder why? The roads in our community have actually been in quite good shape. I do not recall seeing more than a couple potholes and there are occasional cracks that could easily be repaired with asphalt or tar.

I hasten to add that the paving operations were not a decision of our county government. Rather, they are a decision of the Virginia Department of Transportation (VDOT), although county government may very well have prioritized which neighborhoods would have their roads re-paved.

Re-paving the roads in Mount  
SEE LETTER, PAGE 11

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# OPINION

## Government IDs for All

BY SCOTT SUROVELL  
STATE SENATOR (D-36)

In August of 2014, I organized a His-panic Town Hall Meeting in Hybla Valley. I spent the first hour going over issues with constituents.

Then, I asked attendees for feedback — what was their #1 issue? Lack of government identification. Attendees said that they and their

friends and family were weary of obtaining ID's from Maryland or not having them at all.

At the beginning of last session, I was approached by Virginia New Majority and the Virginia Coalition of Latino Organizations (VACALAO) about working together to bring this issue forward. I introduced Senate Bill 390 that would have allowed the Virginia

SEE IDS, PAGE 18

### LETTER TO THE EDITOR

FROM PAGE 10

Vernon which largely did not need to be re-paved has done nothing to improve the transportation infrastructure in Mount Vernon. All it has done is to spend our precious tax dollars which could have been spent on infrastructure enhancements such as those listed above. Also, in the short term, it has caused delays in the areas where paving operations are occurring.

I will not speculate as to how the decision was made to unnecessarily spend money on a project that has done nothing to reduce the travel times of people traveling to and from work. However, someone should be held accountable for

this squandering of tax revenues. Members of the Northern Virginia Delegation to the Virginia Senate and House of Delegates ought to investigate how and why this occurred and ought to closely scrutinize the VDOT budget and ensure that such wasteful spending does not recur. And insofar as those politicians played a role in what appears, on the surface, to be a make-work project, spending funds to ensure future funding at current budget levels, voters should remember on the next election day.

H. Jay Spiegel  
Mount Vernon

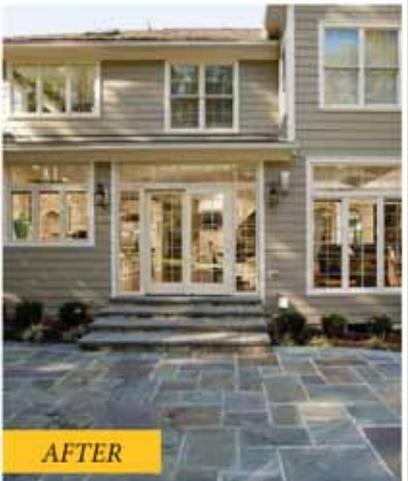
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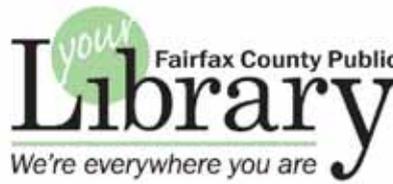
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# ENTERTAINMENT

## From Sauces to Spices, She Peppers Packs a Punch

Two-woman team of pepper purveyors is expanding its reach.

BY HOPE NELSON  
THE GAZETTE

Many of Alexandria's gardeners are just beginning to put their spring vegetables in the ground, last minute frost be damned. But for Stephanie Freeman and Vickie Lucas, the business of peppers is a year-round affair. Instead of waiting until April to till the soil, they've been awaiting the beginning of farmer's market season — and the expansion of their sauce-and-spice business, She Peppers.

The dawn of She Peppers came in the form of friendship and a side hobby. Freeman and Lucas began their business in autumn of 2014 after taking stock of their home gardens and realizing they had a surplus of peppers ripe for the picking.

"The idea for (She Peppers) came from our roots in gardening. Both of us have been gardening for years. We both just kind of gravitated toward growing peppers, and we just realized we were growing so many varieties," Freeman said. "We've been best friends for over 10 years now, and we've been sharing sauces and produce and pictures of our bounty."

Now, they're sharing it with Alexandrians and the larger region.

She Peppers' first year was a crash course in business, Lucas and Freeman say.

"Just learning the sauce business, learning the business side, which events to do, which not to do," Freeman says, has been a full-time education. And Lucas agrees.

"As we've learned, we've learned that we need more and more space for our gardens to grow our peppers," she said. "The garden has taken over my entire back yard. ... Luckily, I love growing the peppers."

The varieties of peppers are as plentiful as the products that they become. For a kick that brings plenty of spice along with some rich tang, the YOLO sauce can't be beat, Freeman and Lucas say.

"Pretty much every event that we do we sell out of the hottest sauce that we have, which is (YOLO)," Freeman said. Rather than being merely a condiment that brings the heat with no flavor, this top seller packs plenty of punch that goes well beyond the heat factor.

"You can still taste the flavor in our sauce," Freeman said. "And that's what important to us."

The Dragon Fire is another top seller — and a completely different direction from the YOLO. Much milder, the Dragon Fire brings a garlicky taste that fuses quite nicely with the green-jalapeno base.

"I like the smoked flavor that we have in that one," Lucas said.

She Peppers has found a base camp in the Four-Mile Run Market each Sunday. The market, which has been indoors for the winter but will soon venture back outside, offers a wealth of vendors selling a variety of wares, and She Peppers has made itself right at home.

"During the farmer's market season, we are regulars at the Four-Mile Run," Freeman said, and this season the team will also have a presence at the Crystal City, Ballston, and Silver Spring markets. Further, their sauces and spices are now a mainstay at Bazaar Spices in Washington.

"We're ramping up and getting our ducks in order so that we can approach more stores, so we expect that to grow in the very near future," Freeman said.

Hope Nelson owns and operates the Kitchen Recessionista blog, [www.kitchenrecessionista.com](http://www.kitchenrecessionista.com). Email her at [hope@kitchenrecessionista.com](mailto:hope@kitchenrecessionista.com).



She Peppers may be best known for its hot sauces, but the company also offers a variety of spice blends for any occasion. Left: made from the Carolina reaper pepper, YOLO Hot Sauce is She Peppers' hottest variety.

### Details

#### She Peppers

**Where to find them:** Four-Mile Run Market on Sundays; Crystal City Farmer's Market on Tuesdays; Ballston on Thursdays; and Silver Spring on Saturdays.

**Try this:** The Slow Walk Sriracha. "It's one of the first hot sauces that I made and I love the way it's thicker than the sriracha style, thicker than the other hot sauces. I like the burn on it," says She Peppers' Stephanie Freeman. "It's not overly hot, but it kind of lingers and goes well on what I like to put hot sauces on."

**Hidden gem:** Harissa chili paste. "I didn't realize how versatile it was" until cooking with it, Freeman says. "I've used that to marinate my chicken in it for a couple of hours, then cook that, either bake it off or sauté it. ... I've added it to my greens and it's been delicious."



### CALENDAR

Email announcements to [gazette@connectionnewspapers.com](mailto:gazette@connectionnewspapers.com). Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

#### ONGOING

**All City High School Visual Art Exhibition.** Through April 10, 10 a.m.-5 p.m. on Fridays, 10 a.m.-4 p.m. on Saturdays at The Gallery @ Convergence, 1801 N. Quaker Lane. Convergence presents the "Alexandria City High School Art Exhibit," a joint effort between Bishop Ireton High School, Episcopal High School, St. Stephen's & St. Agnes School, and T.C. Williams High School. In an effort to recognize and encourage the creative pursuits of visual art students from across the city, art teachers from each of the

four schools have collaborated in what they hope will be an annual event. Free. Visit [www.ourconvergence.org](http://www.ourconvergence.org) for more.

**Art Exhibit: "Art into Fashion/Fashion into Art."** Through April 10, 10 a.m.-5 p.m. at Torpedo Factory Art Center, 105 N. Union St. Fiber artists explore art inspired by fashion designers and fashionable wearables inspired by artists. Free. Visit [www.torpedofactory.org](http://www.torpedofactory.org).

**Georgia Nassikas: "Oils and Encaustics."** Through April 24, Thursday, Friday, Sunday 12-4 p.m., Saturday 1-4 p.m. at The Athenaeum Gallery, 201 Prince St. In her wax and oil paintings, artist Nassikas explores the intersection of the abstract and the representational. She focuses on the elemental lines, shapes, and colors at the core of nature. Free. Visit [www.nvfaa.org](http://www.nvfaa.org).

**Art Exhibit: "It's Black and White!"** Through April 24, gallery

hours at The Associates Gallery (TAG), 105 N. Union St. The Associates Gallery will feature two member artists in "It's Black and White!" in a complementary scheme of black and white rendered in two-dimensional and three-dimensional work. Free. Visit [www.torpedofactory.org](http://www.torpedofactory.org) for more.

**Art Exhibit.** Through April 24, gallery hours at St. George Gallery, 105 N. Alfred St. Ethiopian artist Daniel Taye will display his art. Taye is known for landscape, abstract and figurative work. Free. Call 703-299-9495 for more.

**Broadway Gallery April Artist Showcase.** Through April 27, gallery hours at Broadway Gallery, 5641-B General Washington Drive. Featured will be the pastel and mixed media paintings of local artist, Lynn Goldstein. Free. Visit [www.broadwaygallery.net](http://www.broadwaygallery.net) for more.

**Art Exhibit: "The Shape of Water."**

Through April 30, gallery hours at Sonoma Cellar, 207 King St. "The Shape of Water" features paintings by Oenone Hammersley. Free. Visit [www.oenonehammersleycontemporaryart.com](http://www.oenonehammersleycontemporaryart.com).

**Exhibit: "Creatures from the Sea."** Through May 1, gallery hours at Del Ray Artisans Gallery, 2704 Mount Vernon Ave. Del Ray Artisans interpret real and imagined "Creatures from the Sea." Free. Visit [www.thedelrayartisans.org](http://www.thedelrayartisans.org) for more.

**Art Exhibit: "Misfits."** Through May 1, gallery hours at The Art League, 105 N. Union St. Artist Teresa Oaxaca's latest paintings blend together portraiture and still life in elaborate, tightly cropped compositions. The modern master poses 21st Century individuals in Victorian and Baroque costumes, paired with dolls, bones, teacups, fresh flowers, and masks. Free. Visit [www.theartleague.org](http://www.theartleague.org) for more.

**DASH for the STASH.** Through May 15. Learn about investing with DASH for the STASH, an investor education contest hosted by the Alexandria Library. Read four game posters at any Alexandria Library location, get a quiz question related to each, and submit your answers to have a chance at winning a \$1,000 retirement investment. Game posters are on display at all Alexandria Library locations. Visit [www.alexandria.lib.va.us](http://www.alexandria.lib.va.us) or call 703-746-1751.

**Art Exhibit: "Partnerships."** Through May 15, business hours at VCA Alexandria Animal Hospital, 2660 Duke St. All artwork is available for purchase through Del Ray Artisans. Artists are donating 20 percent of the purchase price of sold pieces in an equal split between Del Ray Artisans and the VCA Alexandria Animal Hospital's charity of choice, Veterans Moving Forward. Free. Call

# ENTERTAINMENT



**“Chamber, One,” installed at Ascent Contemporary in New York., 2014. Right: “Ice Melts Tyrant Spell,” at Center for Maine Contemporary Art, Rockport, Maine, 2012. Both by Lisa Kellner.**

## Site-Specific, ‘Always Into Now’ Opens April 16

Target Gallery, the contemporary exhibition space for the Torpedo Factory Art Center, will become canvas for Maine artist Lisa Kellner’s site-responsive installation, “Always into Now.” Kellner uses silk organza for her work, she sews thousands of bulbous shapes and creates structures that seem to grow from the walls and ceiling. The public is invited to meet Kellner on April 10, and watch her as she works. The exhibition will then be on view April 16-May 29. Admission is free. The Torpedo Factory is located at 105 N. Union St. Visit [www.torpedofactory.org](http://www.torpedofactory.org).

703-751-2022 for more.

**“Who The Wounded Are.”** Through July 11 at Carlyle House Historic Park, 121 N. Fairfax St. “Who These Wounded Are: The Extraordinary Stories of the Mansion House Hospital” is about people who lived and worked at this site in Alexandria and their real life stories that inspired the PBS show, “Mercy Street.” Tickets are \$2-12. Visit [www.carlylehouse.org](http://www.carlylehouse.org) for more.

**Mercy in Alexandria Walking Tour.** Sundays at 1:30 p.m. at Alexandria Visitors Center, 221 King St. Experience an inside access tour of 19th century Alexandria. Inspired by the PBS mini-series “Mercy Street,” accompany a trained military historian through Civil War-era Alexandria and learn the actual history behind the TV show. Short tours are \$15, private tours for five are \$149. Visit [www.dcmilitarytour.com](http://www.dcmilitarytour.com) for more.

**The Lyceum: 175 Years of Local History.** Ongoing, Monday-Saturday 10 a.m.-5 p.m. and Sunday 1-5 p.m. at The Lyceum, 201 S. Washington St. On view in the museum’s Coldsmith Gallery, the historical objects and images featured represent The Lyceum, the community at work, and commemorations and celebrations. Throughout the exhibition, visitors are invited to “be the curator” and think about why the various artifacts are in the museum’s collection, and about how tangible representatives of the past help tell the story of Alexandria’s history. Free. Visit [www.alexandriahistory.org](http://www.alexandriahistory.org) for more.

**Medical Care for the Civil War Soldier Exhibit.** Ongoing at the Fort Ward museum, 4301 W. Braddock Road. ongoing exhibit which features original medical instruments and equipment from the

Civil War period and information on Union Army hospital sites in Alexandria. Free. Visit [www.alexandriava.gov/forward](http://www.alexandriava.gov/forward) for more.

**Alexandria’s Nurses & Hospitals During the Civil War.** Ongoing at The Lyceum, 201 S. Washington St. An exhibit on the life of Clarissa Jones, a nurse at The Lyceum hospital during the Civil War. The true story of a nurse in Alexandria during the war, drawing parallels with characters portrayed in the PBS drama “Mercy Street,” with references to the experiences of other nurses, such as Anne Reading, who worked in the Mansion House hospital, and Jane Woolsey, who served at the Fairfax Seminary hospital. Admission is \$2. Visit [www.alexandriava.gov/lyceum](http://www.alexandriava.gov/lyceum) for more.

**“Ancient Art of Movement.”** 1 p.m. at Hollin Hall Senior Center, 1500 Shenandoah Road. Carmen Shippy, retired professional dancer, teaches a series designed for ages 50 and above. Movements are designed to strengthen core muscles and increase flexibility. Adjustments will be made for those with physical limitations. First lesson in the series is free for non-center members. To continue lessons, a yearly membership to all Senior Center programs is \$48. Call 703-765-4573 to sign up.

**Flamenco Show.** Wednesdays and Thursdays, 7:30-8:30 p.m. at La Tasca, 607 King St. Watch dancers and guitarists perform traditional flamenco. Free to attend. Call 703-299-9810 or visit [www.latascausa.com](http://www.latascausa.com).

**French Movie Night.** Every Thursday, 7 p.m. in the back room of Fontaine Caffé & Creperie, 119 S. Royal St. View a French film. Free, no reservation necessary. Call 703-535-

8151 or visit [www.fontainecaffe.com/reviews.html](http://www.fontainecaffe.com/reviews.html).

**Join to Be Free: Alexandria Freedmen’s Cemetery.** Through March, Tuesday-Saturday, 10 a.m.-4 p.m. Alexandria Black History Museum, 902 Wythe St. A new exhibit tracing the 150-year history of the long-forgotten Freedmen’s Cemetery, its rediscovery and how the new Contrabands and Freedmen’s Cemetery Memorial was created at the site. Call 703-746-4356.

**Their Fates Intertwined: The Lees of Alexandria in the War of 1812.** Wednesday- Saturday, 10 a.m.-4 p.m. Sunday, 1-4 p.m. Lee-Fendall House and Gardens, 614 Oronoco St. A new exhibit on the experiences of the Lee family in Alexandria during the War of 1812 examines the contributions of Alexandria’s citizens during the conflict that led to the writing of our national anthem through the lives of this iconic Virginia family. Visit [www.leafendallhouse.org](http://www.leafendallhouse.org) or call 703-548-1789.

**Alexandria Cars and Coffee** invites car enthusiasts to meet for coffee at Hollin Hall Shopping Center in front of Roseina’s, 1307 Shenandoah Road. Owners of classic cars, hot rods, exotic cars, motorcycles and more meet to share car stories and drink coffee. Group meets the first Sunday of every month. 8:30-11 a.m.

**Fifty Years of Collecting.** Tuesday-Saturday 10 a.m.-5 p.m., Sundays 12-5 p.m. Fort Ward Museum, 4301 W. Braddock Road. An anniversary exhibit of objects from the Fort Ward collection. Free. Visit [www.fortward.org](http://www.fortward.org).

### THURSDAY/APRIL 7

**NOVA Idol.** 6 p.m. at the Rachel M.

Schlesinger Concert Hall and Fisher Art Gallery NOVA, Alexandria Campus, 4915 East Campus Drive. This year, the show welcomes former American Idol contestants Rayvon Owen and Sara Sturm to help judge this year’s participants and perform some of their favorite songs. NOVA Idol will include students from all six campuses as well as students from local high schools. Free. Visit [www.nvcc.edu/schlesingercenter/](http://www.nvcc.edu/schlesingercenter/).

**First Thursday: Hats Along the Ave.** 6-9 p.m. along Mount Vernon Ave. The April 7 First Thursday features music from Mars Rodeo (at the Farmers Market Lot), a hat parade, photo booth by Meghan LaPrairie, discounts for showing off hats at select local businesses, and more. Free. Visit [www.visitdelray.com](http://www.visitdelray.com) for more.

**Opening Reception: “The Shape of Water.”** 6-7:30 p.m. at Sonoma Cellar, 207 King St. “The Shape of Water” features paintings by Oenone Hammersley. Find a wine tasting and an appetizer. Free. Visit [www.oenonehammersley.com](http://www.oenonehammersley.com) for more.

**Materialized Magic.** 6-9 p.m. at The Torpedo Factory Arts Center, 105 N. Union St. Target Gallery hosts Ericka Cleveland and Stacy Cantrell’s CRAVE-sponsored “Materialized Magic” community art project. The meet-up provides free lessons in crocheting, knitting, and felting. Participants help create a magical Yarn Bomb habitat and also have a chance to be featured with the key artists in a culminating display. Free. Visit [www.torpedofactory.org](http://www.torpedofactory.org).

**Opening Reception: “Misfits.”** 6:30-8 p.m. at The Art League, 105 N. Union St. Celebrate artist Teresa Oaxaca. Free. Visit [www.theartleague.org](http://www.theartleague.org) for more.

### FRIDAY/APRIL 8

**Charity Basketball Game.** 7 p.m. at Carl Sandburg Middle School, 8428 Fort Hunt Road. Stratford Landing Elementary School staff competes against Waynewood Elementary staff to raise money for Leukemia Lymphoma Society (LLS) and United Community Ministries (UCM). Free. Donations accepted. Contact Kara Anderson at [Kanderson1@fcps.edu](mailto:Kanderson1@fcps.edu).

**An Evening in the French Quarter.** 7 p.m. at Hotel Monaco Alexandria, 480 King St. The annual Fostering the Future Gala benefits the Fund for Alexandria’s Children. Tickets are \$75, adults only. Visit [www.alexandriava.gov/TheFundForAlexChild](http://www.alexandriava.gov/TheFundForAlexChild).

### FRIDAY-SATURDAY/APRIL 8-9

**Spring Garden Market.** 10 a.m.-12 p.m. members meeting Friday, 12 p.m.-6 p.m. Friday and Saturday at American Horticultural Society’s headquarters at River Farm, 7931 East Boulevard Drive. This year’s Spring Garden Market at River Farm in Alexandria will feature a variety of plant and garden-related vendors, demonstrations, kids activities, and more. More than 30 vendors from across the Mid-Atlantic region will offer a large selection of edible and flowering plants, as well as garden art, tools, and other accessories. Parking is \$5, admission is free. Visit [www.ahs.org](http://www.ahs.org) for more.

**“Hairspray Jr.”** 7 p.m. Friday and Saturday, additional 1 p.m. performance on Saturday at George Washington Middle School, 1005 Mount Vernon Ave. GWMS presents Hairspray Jr. inspired by Baltimore’s John Waters original film, adapted for the stage by Thomas Meehan, Mark O’Donnell, Marc Shaiman, and Scott Whitman and directed by Robert McDonough. Tickets are \$5. Contact Robert McDonough at [robert.mcdonough@acps.k12.va.us](mailto:robert.mcdonough@acps.k12.va.us).

### SATURDAY/APRIL 9

**Alexandria’s African American Civil War History.** 10-11 a.m. at Alexandria Contrabands & Freedmen Cemetery Memorial, 1001 S. Washington St. Join City Archaeologist Fran Bromberg and Alexandria Black History Museum Director Audrey Davis as you learn about the history of contrabands (escaped slaves) buried in the cemetery, the fascinating archaeology behind its rediscovery, and how the site became a memorial. Free. Call 703-746-4399 or 703-746-4356 to make a reservation.

**Braddock Day.** 12-4 p.m. at Carlyle House Historic Park, 121 N. Fairfax St. Learn more about the French and Indian War. Meet “General Braddock” and meet costumed interpreters. Tickets are free, \$1 suggested donation. Visit [www.novaparks.com](http://www.novaparks.com) for more.

**Lecture: “What a Photograph Tells Us.”** 2-3 p.m. at Alexandria Black History Museum, 902 Wythe St. Learn how Charles Joyce traced the history of Francis Snow’s historical photograph of United States Colored Troops (USCT) at L’Ouverture Hospital in Alexandria. Images of USCT soldiers are uncommon, and remarkably, each man is identified on the back of this albumen photograph. These names provide an unusual opportunity to determine what happened to the men after the Civil War. Free. Call 703-746-4356 for reservations.

**Transforming Lives Gala.** 6-11 p.m. at Westin Alexandria, 400 Courthouse Square. Good Shepherd Housing and Family Services holds its annual fundraiser featuring silent auctions, cocktails, dinner and more. Tickets are \$200. Visit [www.goodhousing.org](http://www.goodhousing.org) for more.

**12th Annual Rum Punch Challenge.** 7-9:30 p.m. at Gadsby’s Tavern Museum, 134 N. Royal St. Enjoy different rum punch creations from local distilleries, restaurants and caterers and vote for your favorite. Also find period and modern food. Tickets are \$50, VIP tickets are \$100. Visit [www.shop.alexandriava.gov](http://www.shop.alexandriava.gov).

### SUNDAY/APRIL 10

**The Walkers.** 10:45 a.m. at Church of God of Prophecy, 6409 Telegraph Road. The Walkers is a southern gospel trio with more than 20 years of experience in performing and ministering Their music combines country, southern gospel, and contemporary. Free. Visit [www.tatemusicgroup.com/epk/artist/12491](http://www.tatemusicgroup.com/epk/artist/12491) for more.

**Madame Butterfly Program.** 1-3 p.m. at Green Spring Gardens, 4603 Green Spring Road. Attend a Japanese-themed tea at the Madame Butterfly program built around the short story that influenced Puccini’s opera of the same name. Discover the prevailing attitudes that brought these characters together in Japan and the “temporary wives” who became real-life “Butterflies.” Tickets are \$42, \$12 for the program alone. Visit [www.fairfaxcounty.gov/parks/greenspring](http://www.fairfaxcounty.gov/parks/greenspring).

**Dance in the Gallery.** 2 p.m. at The Athenaeum, 201 Prince St. Veteran Athenaeum performers, ACW Dances perform new work by Artistic Director Abigail Wallace and core company members. Stay for a Q&A where audience impressions become part of the art making process. Free. Visit [www.nvfaa.org](http://www.nvfaa.org) for more.

**“Bach and Beer.”** 3:30 p.m. at Port City Brewing Company, 3950 Wheeler Ave. Cellist Steuart Pincombe presents a program of Bach’s Cello Suites with short explanations of Steuart’s historical, interpretive approach along with

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# PASTA



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The American Horticultural Society's

# SPRING GARDEN MARKET

at River Farm

Enjoy our annual plant sale and garden marketplace! Fun for all ages!

**APRIL 8 & 9**

**AHS MEMBERS-ONLY MORNING**  
 (with current membership card)  
 Fri., April 8, 10 a.m.-12 p.m.

**PUBLIC SALE**  
 Fri., April 8, 12 p.m.-6 p.m.  
 Sat., April 9, 10 a.m.-6 p.m.

River Farm is located at 7931 East Boulevard Drive in Alexandria, Virginia. Parking is \$5 per car (cash only); free for AHS members (with valid member card, receipt, or other proof of membership).

**for more information**  
 Call (703) 768-5700 or visit [www.ahs.org/GardenMarket](http://www.ahs.org/GardenMarket).

AMERICAN HORTICULTURAL SOCIETY

special thanks to **Mount Vernon Gazette**

## ENTERTAINMENT

comments on the historical brewing method of each beer. Each suite will be paired with one of Port City's own brews. Tickets are "Name-Your-Own-Price" plus the cost of beer. Visit [www.musicinfamiliarplaces.com](http://www.musicinfamiliarplaces.com).

**Spring Forward.** 5-8 p.m. at Union Street Public House, 121 S. Union St. program includes recording artist The Intruders, live auction (bid for a stay in a country home outside of Paris, a Cancun villa that sleeps 8 and more) to benefit Community Lodgings. Tickets are \$50 in advance, \$60 at the door, \$40 for guests under 40. Visit [www.communitylodgings.org](http://www.communitylodgings.org).

**Art + Architecture Panel Discussion.** 6-8 p.m. at the Torpedo Factory Arts Center, 105 N. Union St. For Virginia Architecture Week the Torpedo Factory Art Center will co-host a special reception and panel discussion with the American Institute of Architects Northern Virginia. The program focuses on the relationships between art and architecture. Free. Visit [www.torpedofactory.org](http://www.torpedofactory.org) for more.

**Pohick Church Coffeehouse.** 6-8 p.m. at Pohick Church, 9301 Richmond Highway, Lorton. The Pohick Church Episcopal Youth Community will present an evening of entertainment, snacks, coffee and hot chocolate. Performers will include youth, adults and local musicians. The event is free, but donations are accepted. Proceeds go toward the Senior High Summer Mission Trip. Contact Rusty Booth at 703-339-6572 or [rusty@pohick.org](mailto:rusty@pohick.org).

### APRIL 10-16

**Exhibit: "Intersection of Art and Architecture."** Gallery hours at the Torpedo Factory Arts Center, 105 N. Union St. For National Architecture Week, the American Institute of Architects will have a display in the main hall featuring architectural designs created by institute members. Free. Visit [www.torpedofactory.org](http://www.torpedofactory.org).

### TUESDAY/APRIL 12

**Creative Exploration Open Studio.** 10-11:30 a.m. at Convergence, 1801 N. Quaker Lane. Children and parents are invited to learn simple art techniques together. Each workshop is \$30 for parent/caregiver and child. Visit [www.metamorphosisae.com/mama/classes/](http://www.metamorphosisae.com/mama/classes/).

**Ben & Jerry's Free Cone Day.** 12-8 p.m. at 703 S. Union St. In addition to free ice cream, learn more about local non-profit organizations. Visit [www.benjerry.com/scoop-shops/free-cone-day](http://www.benjerry.com/scoop-shops/free-cone-day) for more.

**Workshop on Planting and Using Herbs.** 7-8:30 p.m. at Barrett Branch Library, 717 Queen St. Participants will learn the elements of an herb garden, tips for successful



PHOTO BY JIM ARBOGAST

**JJ Grey & Mofro will be performing live at The Birchmere on Wednesday, April 13. Showtime is 7:30 p.m. Tickets are \$35. Visit [www.birchmere.com](http://www.birchmere.com) for more.**

planting and how to use herbs they've grown. Free. Call 703-228-6414.

### WEDNESDAY/APRIL 13

**JJ Grey & Mofro.** 7:30 p.m. at The Birchmere Music Hall, 3701 Mount Vernon Ave. Blues/Funk ensemble performs. Tickets are \$35. Visit [www.birchmere.com](http://www.birchmere.com) for more.

### THURSDAY/APRIL 14

**Author Event: "Civil War in Northern Virginia."** 7 p.m. at Martha Washington Library, 6614 Fort Hunt Road. Author William Connery will discuss his book, "The Civil War in Northern Virginia 1861." Book sales and signing to follow. Free. Visit/ [www.fairfaxcounty.gov/library](http://www.fairfaxcounty.gov/library).

**2nd Thursday Live: Jane Franklin Dance.** 7 p.m. at The Athenaeum, 201 Prince St. A mixed repertory performance of Forty+ features new works by Andie Ligon de Vault, Emily Crews, and recent works by Jane Franklin. The music is by Truman Harris of Eclipse Chamber Orchestra, an Alexandria-based music ensemble. Tickets are \$15. Visit [www.nvfaa.org](http://www.nvfaa.org) for more.

**Gardening with Wildlife in Mind.** 7:30-9 p.m. at Green Spring Gardens, 4603 Green Spring Road. Find out about habitat gardening, and how it incorporates the birds, bees, pollinators and others, all with native plants. Free. Visit [www.vnps.org.potowmack/events](http://www.vnps.org.potowmack/events).

**The Church.** 7:30 p.m. at The Birchmere Music Hall, 3701 Mount Vernon Ave. The Church will perform

two full sets. The first will feature The Church's second album "The Blurred Crusade." The second set will consist of selections from the band's new album "Further/Deeper" along with other classic tracks. Tickets are \$35. Visit [www.birchmere.com](http://www.birchmere.com).

### THURSDAY-SATURDAY/APRIL 14-16

**Save Our Ship Tours.** 10 a.m.-4 p.m. every 30 minutes. Special behind-the-scenes tours are being offered of our 18th-century ship, before it is moved to a conservation facility. Reservations required, \$10 suggested donation. Visit [www.shop.alexandriava.gov/SelectEvent.aspx](http://www.shop.alexandriava.gov/SelectEvent.aspx).

**"Honk Junior: A Children's Musical."** 5 p.m. Thursday, 7 p.m. Friday, 2 p.m. and 7 p.m. Saturday at Carl Sandburg Theater Arts Department, 8428 Fort Hunt Road. This musical is based on the story of the Ugly Duckling. Tickets are \$5. Contact [joycewn@gmail.com](mailto:joycewn@gmail.com).

### FRIDAY-SATURDAY/APRIL 15-16

**"Hairspray Jr."** 7 p.m. Friday and Saturday, additional 1 p.m. performance on Saturday at George Washington Middle School, 1005 Mount Vernon Ave. GWMS presents Hairspray Jr. inspired by Baltimore's John Waters original film, adapted for the stage by Thomas Meehan, Mark O'Donnell, Marc Shaiman, and Scott Whitman and directed by Robert McDonough. Tickets are \$5. Contact Robert McDonough at [robert.mcdonough@acps.k12.va.us](mailto:robert.mcdonough@acps.k12.va.us).  
**"Guys and Dolls."** 7 p.m. Friday and Saturday; 2 p.m. Saturday at Mount

## COMMUNITIES OF WORSHIP

### Good Shepherd Catholic Church Mass Schedule

**Saturday:**  
 5:00 pm Vigil Mass  
 6:30 pm Vigil Mass  
 (en Español)

**Sunday:**  
 7:30 am; 9:00 am  
 (with Sign Language Interpreter and Children's Liturgy of the Word); 10:30 am; 12:00 Noon; 2:00 pm (en Español); 6:30 pm  
 8710 Mount Vernon Highway, Alexandria VA, 22309  
 Tel: 703-780-4055 Fax: 703-360-5385 • [www.gs-cc.org](http://www.gs-cc.org)

**Monday-Saturday:**  
 9:00 am Mass  
 (Rosary at 8:30 am)

**En Español:**  
 Monday, 6:30 pm;  
 Thursday, 7:30 pm;  
 First Friday, 7:30 pm

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To Advertise Your Faith Community, call Karen at 703-917-6468

## PHOTO GALLERY!

### "Me and My Mom"

To honor Mom on Mother's Day, send us your favorite snapshots of you with your Mom and The Mount Vernon Gazette will publish them in our Mother's Day issue. Be sure to include some information about what's going on in the photo, plus your name and phone number and town of residence. To e-mail digital photos, send to: [editors@connectionnewspapers.com](mailto:editors@connectionnewspapers.com)

Or to mail photo prints, send to:  
 The Mount Vernon Gazette,  
 "Me and My Mom Photo Gallery,"  
 1606 King St., Alexandria, VA 22314

Photo prints will be returned to you if you include a stamped, self-addressed envelope, but please don't send us anything irreplaceable.

# ENTERTAINMENT



PHOTO BY LAURA MANN

## MSA to Perform 'Sleeping Beauty'

Metropolitan School of the Arts (MSA) youth ballet is performing Sleeping Beauty on May 1 at 12 p.m. and 3 p.m. at The George Washington Masonic National Memorial Theatre, 101 Callahan Drive. Tickets are \$12. Visit [www.metropolitanarts.org](http://www.metropolitanarts.org).

**Pictured here: Seemka Ogunfiditimi, Metro School of the Arts, 10<sup>th</sup> grader of Alexandria.**

Vernon High School, 8515 Old Mount Vernon Road. Mount Vernon High School Theatre students perform the musical "Guys and Dolls." Tickets are \$7 for students, \$8 for seniors, military, and Mount Vernon High staff, and \$10 for everyone else. Visit [www.mvhsdtheatrearts.com](http://www.mvhsdtheatrearts.com) for more.

### SATURDAY/APRIL 16

**Fashion Show Luncheon.** 10 a.m.-3 p.m. at Aldersgate United Methodist Church, 1301 Collingwood Road. Event begins with shopping and silent auction followed by buffet, fashion shows, and more. Tickets are \$20 in advance, \$25 at the door. Visit [www.aldersgate.net](http://www.aldersgate.net) for more.

**Huntley Farm Day.** 1-4 p.m. at Historic Huntley, 6918 Harrison Lane. Find baby animals from Frying Pan Park, homemade ice cream, story-telling, and re-enactors. This prominent farming family owned Historic Huntley from 1868-1946. Tour the house, and stop by the various information stations highlighting local farming history, such as the Woodlawn Agricultural Society and Green Spring Gardens. Free, \$5 suggested donation. Call 703-768-2525 for more.

**Military Appreciation Night.** 5 p.m. at Hayfield Secondary School, 7630 Telegraph Road. Hayfield School Boys Lacrosse hosts 2nd annual Military Appreciation Night. The event will also raise funds for Fisher House at Fort Belvoir, a "home away from home" for military families when a loved one is undergoing medical treatment." Last year the event raised over \$800 for Fisher House, and Hayfield Boys' Lacrosse hopes to raise over \$1,000 this year. Free admission will be offered to all military members and dependents with valid military ID. Young military dependents without ID must enter the stadium with military parent/guardian. Admission is \$5, free for children under 6 and seniors over 60. Visit [www.hawksathletics.org](http://www.hawksathletics.org).

**John Smith.** 7 p.m. at Church of St. Clement, 1701 N. Quaker Lane. Folk musician John Smith has released seven solo albums. Tickets are \$18, \$15 in advance and for Focus Music members. Visit [www.focusmusic.org](http://www.focusmusic.org).

### APRIL 16-MAY 29

**Lisa Kellner: "Always Into Now."** Gallery hours at The Target Gallery, 105 N. Union St. Kellner's site-responsive work uses the room as a canvas. She creates organic, ethereal forms from silk. Viewers experience the intimacy of being absorbed with a room-sized painting. This is the first

exhibition as part of the Target Gallery's New Media Invitational and is funded, in part, by March150 participants. Free. Visit [www.torpedofactory.org](http://www.torpedofactory.org).

### APRIL 16-JUNE 30

**The von Brahler Ltd. Gallery: "Circuitous Roots."** Gallery hours at 7931 E. Blvd. The von Brahler Ltd./Gallery, announces the Opening of an Exhibition, "Circuitous Roots: A Celebration of Art" at George Washington's River Farm on the Potomac, home of the American Horticultural Society. The exhibition will honor artists represented by VBG over three decades, including Vladimir Ovchinnikov (d), Yuri Kokoyanin, Nikolai Antuychin, Armen Kankanian, Tatyana Zhurkov, Otari Shiuk (d), Mark Coffey, Nathan Leibowitz, and James Mathias Sanders as well as Liberal Studies' Artists from Georgetown University, Anna Katalina, Nan Morrison, Anne Ridder, Robert Murray and Rana Ryan. Free. Contact Robert F. Murray at 703-798-8686 or [vbgpromo@aol.com](mailto:vbgpromo@aol.com).

### SUNDAY/APRIL 17

**Music in the Gallery.** 2 p.m. at The Athenaeum, 201 Prince St. The music of the contemporary flute and guitar duo MIN features flutist Sais Kamalidiin and guitarist Rick Peralta performing a chamber music program. Free. Visit [www.nvfaa.org](http://www.nvfaa.org) for more.

**NOVA Community Chorus.** 3 p.m. at George Washington Masonic Memorial, 101 Callahan Drive. NOVA Community Chorus (Dr. Mark Whitmire, Director) will join the Washington Metropolitan Philharmonic Orchestra to present a concert of music to celebrate the arrival of Spring. Tickets are \$20. Call 703-845-6097 or email [mwhitmire@nvcc.edu](mailto:mwhitmire@nvcc.edu).

### TUESDAY/APRIL 19

**Creative Exploration Open Studio.** 10-11:30 a.m. at Convergence, 1801 N. Quaker Lane. Children and parents are invited to learn simple art techniques together. Each workshop is \$30 for parent/caregiver and child. Visit [www.metamorphosisaec.com/mama/classes/](http://www.metamorphosisaec.com/mama/classes/).

**Genealogy and Maps.** 1-3 p.m. at Hollin Hall Senior Center, 1500 Shenandoah Road. Tracking five generations of a family as it migrates across the country, genealogist Sharon Cook MacInnes, Ph.D., talks about using maps to locate ancestors, track migrations, reveal family

relationships, and uncover historical context. Free. Visit [www.mvgenealogy.org](http://www.mvgenealogy.org).

### WEDNESDAY/APRIL 20

**Swing Dance.** 9-11 p.m. at Nick's Nightclub, 642 S. Pickett St. All Wheel Jive will provide the music. Tickets are \$10. Visit [www.gottaswing.com](http://www.gottaswing.com) for more.

### FRIDAY/APRIL 22

**Family Fun Night.** 6-9 p.m. at Chinquapin Park Recreation Center & Aquatics Facility, 3210 King St. Pool games include beach ball relays, water basketball, diving for prizes on the "Aqua Challenge" floating obstacle course. Participate in swimming skill assessments for youth, learn pool safety tips and more. Tickets are \$4. Visit [www.shop.alexandriava.gov](http://www.shop.alexandriava.gov).

**"Phantom of the Opera."** 7:30 p.m. at Immanuel Chapel, Virginia Theological Seminary, 3737 Seminary Road. Watch the restored 1929 silent horror masterpiece "The Phantom of the Opera" with live improvisation by acclaimed organist Dorothy Papadokos. Not for children younger than 10. Free. Visit [www.vts.edu](http://www.vts.edu) for more.

**Concertos by Mozart.** 8 p.m. at Blessed Sacrament Catholic Church, 1427 W. Braddock Road. The Blessed Sacrament Festival Orchestra will be joined by hornist Tim Huizenga, clarinetist Parker Gimes and pianist John McCrary. Each will perform a concerto by Mozart. Free, but donations accepted. Call 703-998-6100 Ext: 103.

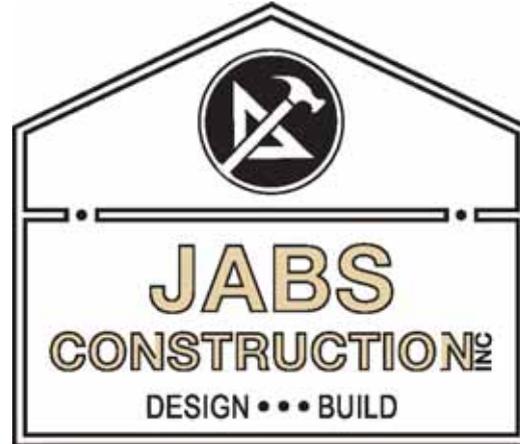
### FRIDAY-SATURDAY/APRIL 22-23

**"Hairspray Jr."** 7 p.m. Friday and Saturday, additional 1 p.m. performance on Saturday at George Washington Middle School, 1005 Mount Vernon Ave. GWMS presents Hairspray Jr. inspired by Baltimore's John Waters original film, adapted for the stage by Thomas Meehan, Mark O'Donnell, Marc Shaiman, and Scott Whitman and directed by Robert McDonough. Tickets are \$5. Contact Robert McDonough at [robert.mcdonough@acps.k12.va.us](mailto:robert.mcdonough@acps.k12.va.us).

### SATURDAY/APRIL 23

**Fort Hunt Preschool Rummage Sale.** 8 a.m.-12 p.m. at 1909 Windmill Lane. Find baby and children's clothes, toys, books, and more. Free to attend. Visit [www.forthuntpreschool.com](http://www.forthuntpreschool.com) for more.

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## ECONOMIC OUTLOOK

Thursday, April 14  
8:00 am to Noon  
Belle Haven Country Club



**DR. TERRY CLOWER**  
Center for Regional Analysis  
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VIDEO SCREENSHOTS BY JON ROETMAN/THE GAZETTE



Gabriel Caicedo and the West Potomac boys' soccer team defeated T.C. Williams 3-1 on Monday.

## West Potomac Earns First Win Over TC Since 2009

### Somuah's two goals lead Wolverines past Titans.

BY JON ROETMAN  
THE GAZETTE

**W**est Potomac boys' soccer coach Ahmad Sasso adjusted his formation in an attempt to get an early goal during Monday's match against T.C. Williams.

The decision proved to be a wise one.

Senior midfielder Bright Somuah scored a goal in the 20th minute, West Potomac led 2-0 at halftime and the Wolverines held on for a 3-1 victory over the previously unbeaten Titans on April 4 at T.C. Williams High School.

West Potomac led 3-0 after Somuah scored his second goal of the match in the 52nd minute.

It was the Wolverines' first win over the Titans since 2009.

"To be honest ... we followed their record. So far they were undefeated," Sasso said. "I decided to come and play an open game. If you see, my formation is normally a 4-2-3-1, but I came in and played a 4-4-2 hoping to get something in the first 20 min-



Head coach Ahmad Sasso on Monday led the West Potomac boys' soccer team to the program's first win over T.C. Williams since 2009.

PHOTO BY JON ROETMAN/THE GAZETTE

utes, so, tactically, everything worked."

T.C. Williams entered the game with a 3-0 record, including a 2-0 victory at Lake Braddock on March 31, and had outscored its opponents 6-1. On Monday, the Titans were down three before sophomore defender Mohanad Ibrahim scored the team's only goal in the 55th minute. Ibrahim was originally ruled offside, but the call was overturned.

"The boys came into the game ... thinking that [the Titans are] out there partying because they're [3-0]," Somuah said. "We

just wanted to shut them down. ... It's always a rivalry. We can't have them keep going like that. We just had to stop it there."

West Potomac's lead grew to 2-0 right before halftime due to a T.C. Williams own goal. Wolverine junior Gabriel Caicedo sent a corner kick into the box and the ball deflected off a Titan player's head into the net.

"That was tough," T.C. Williams head coach Peter Abed said. "When it's 1-0, you can come in and say, 'OK, we played a really bad first half, but ... it's 1-0' and you can still come back — one goal changes

everything. When it's 2-0, it's a little bit deflating, especially right before the half. That's always a deflating time to have a goal scored on you."

The victory improved West Potomac's record to 3-1 overall and 2-0 in Conference 7. The Wolverines opened with a 2-0 win over Falls Church on March 14 and lost to Lee, 5-3, on March 16. West Potomac won its first conference match against West Springfield, 3-2, on March 31.

"They wanted it more today," Sasso said about his team's performance compared to its effort against Lee. "Against Lee, they didn't want it. I heard them talking, 'It's not in our conference.' ... It was a wake-up call."

West Potomac won the Conference 7 championship last season — Sasso's first as head coach of the Wolverines — but lost in the opening round of the 6A North region tournament.

Caicedo said this year's team has "big expectations."

"We have a lot of heart and we're [defending] district champions and we want to make sure that we don't put it down," Caicedo said. "We want to keep going, go to [the state tournament] this year and get something new in our gym."

West Potomac faced Thomas Jefferson on Wednesday, after The Gazette's deadline. The Wolverines will host Woodson at 7:15 p.m. on Friday, April 8.

### SCHOOL NOTES

Email announcements to [gazette@connectionnewspapers.com](mailto:gazette@connectionnewspapers.com). Deadline is Thursday at noon. Photos are welcome.

The Commonwealth Academy Board of Trustees has named **Dr. Peri-Anne Chobot** as the next head of school, commencing with the 2016-17 academic year. Chobot succeeds Dr. Susan J. Johnson, who will retire this summer after serving as head of school for the past 14 years.

Chobot has more than 25 years of experience in education. She currently serves as the CEO and head of school at the Kingsbury Center in Washington, D.C. Before that, she served in leadership positions in both public and private school systems.

Commonwealth Academy is a coeducational, college preparatory day school in Alexandria for average to gifted students who benefit from small classes and instruction designed to address various learning styles, including those students who have organizational, attention, or learning differences.

Three Walt Whitman Middle School students are advancing to the state National History Day competition in Petersburg, Va., on April 23, after placing in the Region 5 contest held at Mount Vernon High School on March 5. In the Individual Website category, **Jack McCarty's** website "Immigrant Spices" moves on to the next level of competition. **Anna Arzetta** and **Kim-**

**berly Teo-Estrada's** group website "Martin Luther King, Jr." will also advance.

The following Virginia Military Institute cadets from the Alexandria area were named to the dean's list for the first semester of academic year 2015-16.

❖ **Maxwell L. Cormier**, a senior, is majoring in civil engineering. Cormier's parents are Dwayne P. Cormier and Tiffany Lea Cormier.

❖ **Emily A. Dickson**, a freshman, is majoring in chemistry. Dickson's parent is Margaret A. Dickson.

❖ **Patrick W. Doolin**, a sophomore, is majoring in history. Doolin's parents are Mr. and Mrs. Joel A. Doolin.

❖ **Conrad W. Jenne**, a sophomore,

is majoring in applied mathematics. Jenne's parents are Mr. and Mrs. Kirk E. Jenne.

❖ **Mason S. Malone**, a junior, is majoring in mechanical engineering. Malone's parents are Gale A. and Marvin S. Malone.

❖ **Thomas A. Nicholson**, a freshman, is majoring in biology. Nicholson's parents are Mr. and Mrs. Carl W. Nicholson.

❖ **Patrick K. Piedad**, a senior, is majoring in physics. Piedad's parent is Maria A. Madrigal.

❖ **Edward L. Wilkinson Jr.**, a senior, is majoring in history. Wilkinson's parent is Edward L. Wilkinson.

❖ **William O. Woodward Jr.**, a sophomore, is majoring in history.

Woodward's parents are Capt. and Mrs. William O. Woodward Sr.

❖ **Haotian Xia**, a sophomore, is majoring in international studies and modern languages and cultures. Xia's parents are Mr. and Mrs. John Petito.

**David Blake**, of Alexandria, graduated from Troy University (Troy, Ala.) during Term 3 of the 2015/2016 academic year. Blake attended TROY Online and graduated with the Bachelor of Science degree from the College of Arts and Sciences.

**David Blake** and **Ryan Land** have been named to the provost's list for Term 3 of the 2015/2016 academic year at Troy University (Troy, Ala.).

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- Ralph Waldo  
Emerson

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## IDs for All

FROM PAGE II

Department of Motor Vehicles (DMV) to issue a temporary driver's visitor's driver's license to anyone who (1) resided in Virginia for one year, (2) had filed a Virginia tax return or been claimed as a dependent another Virginia tax return and (3) paid a \$53 fee. These licenses would be conspicuously marked with language stating "Not for federal use" so it is clear that they are not compliant with the Real ID Act.

Similar legislation has now been passed in over 12 states: California, Nevada, Utah, Colorado, Illinois, Vermont, Connecticut, Maryland, District of Columbia, New Mexico, and Washington. Other states are considering it. Why is this legislation a good idea?

### Reason #1 - Reducing Accidents

New residents do not know the rules of the road. According to the DMV, in other states where this has been implemented, over 80 percent of applicants fail the driving test and need to retake the test. Having informed drivers is good for everyone. Data from California showed that people without driver's licenses were three times more likely to cause a fatal accident. The states with the longest record of providing licenses to all residents have experienced nearly a 100 percent larger drop in traffic fatalities than the nationwide average. This legislation will save lives.

### Reason #2 - Reducing Hit and Runs

States adopting these measures have seen significant reductions in hit and run accidents. Analyses by AAA have found that 41 percent of hit and run drivers lack a driver's license and that unlicensed drivers are 66.36 times more likely to be hit and run drivers. When people do not fear prosecution they stop and collisions are dealt with appropriately through our system.

### Reason #3 - Lower Virginia Insurance Premiums

More insured drivers means risk spread among more people, fewer accidents with uninsured drivers, and lower premiums for everyone.

### Reason #4 - Increase Interaction With Law Enforcement

Residents with government ID are much more likely to interact with law enforcement whether it's for car accidents, domestic violence or to come forward as witnesses for other crimes. Government ID means greater civic participation.

### The Way Forward

The legislation was supported by the McAuliffe Administration and the DMV has assembled a working group including representatives from law enforcement, the immigrant community, faith groups, driving safety groups, criminal defense, courts, chambers of commerce, taxation, human trafficking, and local governments to come up with consensus legislation.

Hopefully, next year, this legislation will pass so that everyone living in Virginia can enjoy a healthy quality of life. If you have any feedback, please send me a note at [scott@scottsuovell.org](mailto:scott@scottsuovell.org).

21 Announcements 21 Announcements 21 Announcements 21 Announcements 21 Announcements 21 Announcements

Obituary



**Obituary for Carolyn N. McDonald**

On December 22, 2015, Carolyn N. McDonald, longtime resident of Alexandria, VA, passed away after a brief illness. Surviving Carolyn are her brother Kent Miller; daughters Margaret McDonald and Lara M. White (Brandon); granddaughter Nancy McDowell (Scott); three great-grandchildren (Zeke, Zack, and Zoey); and an extended family in several states. Carolyn was preceded in death by her beloved husband of 61 years, Roy, who passed away in 2007. Family and friends are invited to attend a memorial service on April 9, 2016 at 11:00 am at Heritage Presbyterian Church, 8503 Fort Hunt Road, Alexandria, VA.

21 Announcements 21 Announcements

OBITUARY



On Tuesday, March 8 2016, **Lee Ann Patterson**, 86, a long-time resident of Alexandria, VA died

Lee Ann Crowe was born on April 5, 1929 in Frostburg MD, the eldest of four children born to James Leroy Crowe and Ann Germaine Crowe (nee Creegan). After raising four children, she enjoyed many years working as a receptionist at the Barton House in Arlington.

She is survived by Dona Sherrill (Gary), Gary Patterson (Eileen), Paula Rodney (Eric), and Amy Poeppelman (Kevin) and four grandchildren Kristen Jaffee, Justin Sherrill, Emma Patterson, and Lauren Rodney and seven great-grandchildren.

She is also survived by her brother, James Crowe (Carolyn) of Frostburg, MD.

She is preceded in death by her husband Joseph Patterson (1920-1997) and second husband Mark Boerner (1934-2013), her parents, one sister (Elizabeth Homer), and one brother (Raymond Crowe).

A funeral mass was held at Blessed Sacrament Catholic Church at 10:30 a.m. on April 5, 2016.

21 Announcements 21 Announcements

LEGAL NOTICE

Sealed proposals for the City of Alexandria per specifications will be received in the Office of the Purchasing Division until the date and time designated as follows:

Request for Proposals No. 00000606: Market Square Plaza and Garage Repairs Design Services

Closing Date and Time: April 29, 2016, 4 p.m., prevailing local time

The City will hold a Non-mandatory pre-proposal conference on April 7, 2016, 10:30 a.m., prevailing local time at 108 North Fairfax Street, Market Square Plaza Alexandria, VA 22314

For general inquiries contact Cynthia Davis, Contract Specialist II at 703.746.3921.

The City of Alexandria reserves the right to reject any and all proposals, cancel this solicitation, and to waive any informalities or irregularities in procedure. THE CITY REQUIRES ITS CONTRACTORS TO BE EQUAL OPPORTUNITY EMPLOYERS.

OBITUARY  
**SIROP "TONY" FERNEZIAN**

Fernezian, 51, of Alexandria VA and Beirut Lebanon, entered into eternal rest on Good Friday, March 25, 2016. He is survived by his devoted wife Anna Estadt Fernezian, loyal brother Levon Fernezian, niece Christina Fernezian, and nephews Joseph Fernezian, Ryan and Jeff Kowalczyk, and a host of other relatives and friends living around the world. He was preceded in death by parents, Karazik and Hovsep.

The family will receive visitors on Thursday, April 14 from 5:00 - 8:00 PM at Everly-Wheatley Funeral Home on W. Braddock Road, Alexandria VA. Funeral services will begin at 9:00 AM on April 15 with a mass to follow at St. Rita Church at 11:00. In lieu of flowers, the family suggests memorial contributions in Tony's name to St. Jude Children's Research Hospital.

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**ABC LICENSE**  
Kumo Asian Bistro Inc. trading as Kumo Asian Bistro, 7025 Manchester Blvd, ste F, Alexandria, VA 22310. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Wine and Beer On and Off Premises; Delivery Permit license to sell or manufacture alcoholic beverages. Ren Yong Cai, Proprietor  
NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 dates from the publishing date of the first of two required newspaper legal notices. Objections should be registered at [www.abc.virginia.gov](http://www.abc.virginia.gov) or 800-552-3200

**LEGAL NOTICE**  
Pursuant to the provision of section 4-1-16 of the code of the City of Alexandria, the Alexandria Police Department located at 3600 Wheeler Avenue, Alexandria, VA 22304 is now in possession of unclaimed bicycles, mopeds, lawn equipment, money, scooters, and other items. All persons having valid claim to the property should file a claim to the property with reasonable proof of ownership or the items will be sold, destroyed, converted or donated. For a complete listing go to <http://alexandriava.gov/police/> and contact the Police Property Section at (703) 746-6709.

21 Announcements 21 Announcements 21 Announcements

**ABC LICENSE**  
Machuca, LLC trading as Kings Corner Chicken, 6128 N. Kings Hwy, Ste B, Alexandria, VA 22303. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Wine and Beer on Premises and Mixed Beverage license to sell or manufacture alcoholic beverages  
NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at [www.abc.virginia.gov](http://www.abc.virginia.gov) or 800-552-3200.

An expert is someone who knows some of the worst mistakes that can be made in his subject and how to avoid them.  
**-Werner Heisenberg**

ALEXANDRIA CITY PUBLIC SCHOOLS  
REQUEST FOR PROPOSALS NUMBER 16-04-01

The Alexandria City School Board dba Alexandria City Public Schools is seeking competitive proposals from qualified Offerors to provide Elementary Science and Literacy Summer Enrichment Materials.

Unsealed Proposals with the notation RFP# 16-04-01 Elementary Science and Literacy Summer Enrichment Materials will be received via email at [christopher.guy@acps.k12.va.us](mailto:christopher.guy@acps.k12.va.us). Proposals shall be transmitted with a date and time stamp on or before 3:00 PM on April 14, 2016. RFP documents may be obtained at the above Procurement Office or by calling 703-619-8181, or by downloading the RFP from the ACPS website at <http://www.acps.k12.va.us/financial-services/purchasing/bids.php>

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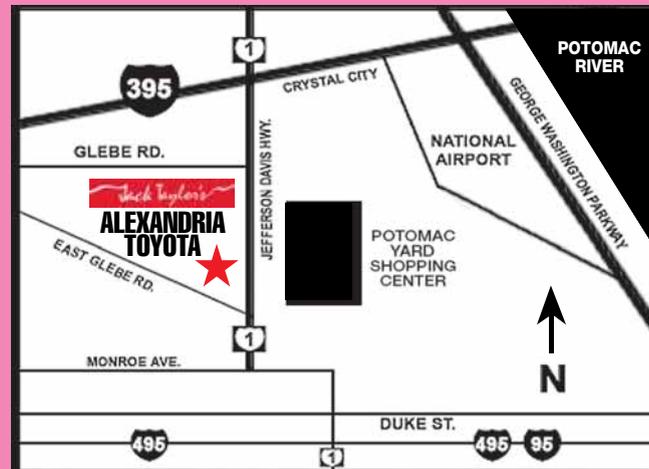
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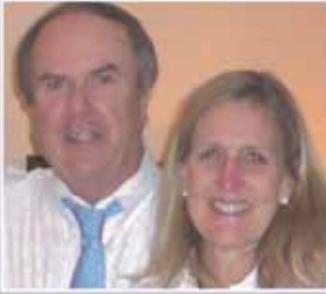
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**1635 Francis Hammond Parkway**  
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Exceptional opportunity-gorgeous updated home just off Janneys lane. Home is in pristine condition and has been updated throughout.

Spectacular family room and screen porch additions. Other features include custom chef's kitchen, master suite, two finished levels, hard wood floors, and garage. Quiet, private, tranquil setting on beautifully landscaped lot in the heart of Alexandria. Convenient to everything!



**9419 Mt Vernon Cir**  
**\$1,299,000**

**One of Area's Most Distinctive Properties!**

Custom estate caliber home with classic French Provincial flair. Premier location in Mt Vernon on the Potomac-the only community in the area with a private marina for the exclusive use of its residents. Imposing residence with many custom touches including open foyer with double curved stairway, custom white brick exterior, high ceilings, spacious room sizes and oversize garage. Columned veranda overlooks pool and gorgeous grounds.



**9300 Old Mansion Rd**  
**\$750,000**

**Riverwood-Backs to Park!**

Classic three level colonial. Substantially updated in prime Riverwood location on quiet cul-de-sac. Backs to parkland and overlooks wooded grounds of Mt. Vernon Estate. Features include: open floor plan, Hard wood floors on two levels, updated kitchen & baths. Kitchen with custom cabinetry and top of the line appliances. 4BR and oversize 2 car garage. One of the premiere riverfront communities prime locations!



**4520 Dolphin Lane**  
**\$745,950**

**Unique Opportunity.**

Large Custom rambler, updated and renovated near Mr. Vernon Yacht Club in one of the area's premier riverfront communities.

Special features include updated, remodeled kitchen open to family room, spectacular 28 X 12 solarium with hot tub, gleaming hardwood floors, custom built-ins and trim work throughout, oversize 2 car garage, the list goes on and on



**4002 Adrienne Drive**  
**\$549,000**

**Spacious contemporary on gorgeous large lot just minutes from Mt Vernon Estate.**

Spectacular great room with soaring cathedral ceilings and glass walls lead to custom stone patio and wood deck which overlook park like rear grounds. Other features include 4-5 bedrooms and 3.5 baths, hardwood floors, and oversize two car garage. Exceptional opportunity!



**3163 Woodland Lane**  
**\$950,000**  
**Prime Waterfront—Acre Lot!**

Stunning custom home designed by two owner architects featuring delightful combination of classic Mt Vernon inspired exterior with spectacular open floor plan. Glass walls

and meticulously planned siting capitalizes on water views provided by elevated lot. Custom two story dock with upper level deck, 182 ft frontage on Little Hunting Creek. Unique opportunity to acquire a prime close-in waterfront property with dock for under \$1,000,000!



**8611 Gateshead Road**  
**\$519,000**

**Classic three level-Great Price!**

Best price for three finished level colonial in area. Exceptionally spacious property meticulously maintained in pristine condition. Features include: Large room sizes, 4 BR, 3.5 BA, including full master suite. Gorgeous hardwood floors, 3 finished levels and garage. Large deck leads to level back yard. Huge house and lot for the money!



**8708 Plymouth Rd**  
**\$1,499,000\***

**Classic American Four Square Design—\*Special Pre-Construction Price!**

Best of both worlds-classic American Four Square exterior combined with stunning modern floor plan and amenities. Numerous features include open floor

plan, high ceilings, top line kitchen and baths. Prime location on half acre level lot in popular Plymouth Haven. Pre-construction contract provides maximum opportunity to customize and discounted price!



**4107 Adrienne Drive**  
**\$525,000**

**Stunning home and location!**

Open floor plan, high ceilings and walls of glass capitalize on beauty of rare 3/4 acre wooded grounds. 4

BR, 3 BA home has been substantially updated to include, "Anderson Thermal Windows," baths, refinished hardwood floors, and expanded gourmet kitchen. Large deck overlooks private wooded wonderland. A truly unique property!



**8931 Fort Hunt Rd**  
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**Prime Location—Updated Throughout!**

**9019 Stratford Ln**  
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**9329 Mt Vernon Cir**  
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**2606 Woodlawn Trail**  
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**Stunning Floor plan**



**2512 Culpeper Rd.**  
**\$565,000**  
**Bright open floor plan High ceilings!**

**9408 Brambly Lane**  
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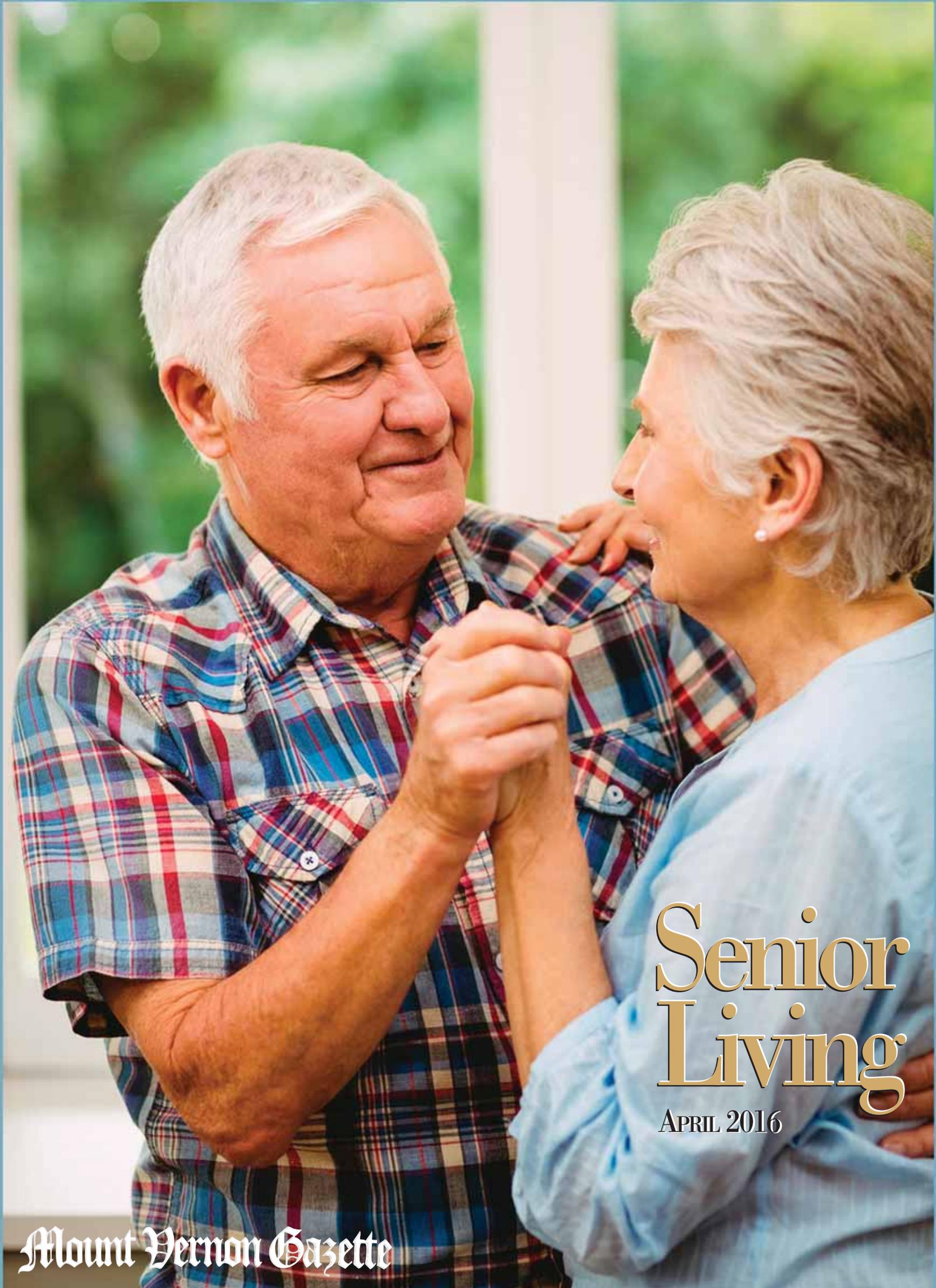


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# Senior Living

APRIL 2016

Mount Vernon Gazette

# Living Well, Aging Well Summit, April 16

Living Well, Aging Well Summit hosted by Fairfax County and partners is scheduled for Saturday, April 16, 9 a.m.-3 p.m., at the Fairfax County Government Center, 12000 Government Center Parkway, Fairfax.

This free event will feature a transportation and mobility expo, a technology fair, a volunteer fair, a CarFit program, health screenings, exhibits, seminars, presentations and more.

Physician, professor and geriatric medicine pioneer, Richard W. Lindsay will deliver the keynote presentation.

The summit "will offer multiple approaches to aging well and living well with a disability," said Summit Planning Chairwoman Melanie Rochon Bush, DPT, PT. She said the summit will provide abundant information on health and wellness, county services and volunteer opportunities.

Dr. Bush, director of Fairfax Rehab, Inc./Select Senior Options, is a member of the county's Long Term Care Coordinating Council, a group of local and private agencies that promote caring, inclusive and supportive communities. The council is the lead organizer of the event.

Parking is free and plentiful. Register at [www.livingwellfairfax.org](http://www.livingwellfairfax.org) or call 703-324-7647. For ADA requests, call 703-324-5421.

Seminars include:

- ❖ Navigating the Medicaid Maze: Waivers, Eligibility and Documentation. Joan Irwin, Long-Term Care Self-Sufficiency Team, Department of Family Services. Learn about Medicaid's eligibility criteria, screening process, required documentation and how Medicaid funds home-based and nursing home care.
- ❖ Understanding Medicare Parts A, B, C and D

Bill Vaughan, counselor, Virginia Insurance Counseling and Assistance Program. Get the most out of Medicare. There will be time afterwards for questions.

❖ Healthy Habits for a Healthier You. Ana Nelson, vice president of Programs and Services, Alzheimer's Association National Capital Area Chapter. Find out how to optimize your physical and cognitive health as you age.

❖ Staying Active: Move, Learn, Create Margot Greenlee, director, BodyWise Dance. This dance class encourages increased mobility, social engagement and rhythmic accuracy.

❖ Balance, Balance and More Balance Woody McMahon, Founder, Sequoia Health and Fitness, Inc. This 1-hour interactive workshop tests balance and offers simple ways for improvement.

❖ Five Questions to Consider About Paying for Long-Term Care. Thomas C. West, CLU, ChFC, AIF, financial advisor, Signature Estate & Investment Advisors, LLC. Learn how to use your resources wisely, avoid common money mistakes.

❖ Fairfax County's Community Resources to Help You Live Well and Age Well. Sharon Lynn, director, Fairfax Area Agency on Aging; Bob MacMurdo and Carlos Estrada, Fairfax-Falls Church Community Services Board. Learn about county services for older adults and for people with mental health, substance abuse disorders and intellectual disability.

❖ Social Media and Older Adults Emily Rasowsky, Director of Marketing Strategy Social Driver. Learn about Twitter, Instagram, LinkedIn, Skype, FaceTime and the top apps for older adults.

❖ Aging Well in the Community Barbara Sullivan, executive director, Mount Vernon At Home;

SEE GOLDEN NOTES, PAGE 6

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Photo by Ed Knepley

# Senior Living

## Taking the Long View

By JOHN BYRD  
THE GAZETTE

Budgeted, incremental improvements are the key to effective planning, aging in place.

**W**hen they decided not to move-on after retirement, seniors Mike and Sandy Nusbaum slowly began enlarging their long-term residence with several goals in mind.

Ten years and four improvements later, the couple's Alexandria home is ideal for extended visits with children and grandchildren—and all sorts of everyday pleasures.

Home improvements can come in many sizes: life-changing or simply necessary; comprehensive, or something to please the grandkids.

The real problem is practical: how to conveniently and affordably implement a list of desired improvements—especially when experience tells you that securing a satisfactory outcome for even a basic household repair can be challenging.

In this context, it's heartening to talk with Mike and Sandy Nusbaum, retired empty-nesters who have executed mid- to large-scale renovations to their thirty-year-old south Alexandria residence in phases, about once every two years and for more than a decade.

Plainly, the Nusbaums like their house, a circa-1980s Colonial-style home where they raised three children. While somewhat space-constrained at its original 2,100 square feet, the structure's location adjacent to woodland and minutes from historic Old Town made it hard to beat.

As retirement neared, however, the couple began cautiously reassessing their home's basic assets, even briefly considering a move to a bigger place.

"You have to ask yourself whether the next house will actually improve your quality of life," Sandy Nusbaum says, recounting her thoughts of twelve years back. "When we looked at the alternatives ... we realized there were only a few things about our house that we didn't like."

**AND SO IT BEGAN.** Plans for incremental changes. Kitchen and screened porch. New family room and deck. Lower level. Enlarged Garage ... Facilitated by a new relationship, with 30-year veteran remodeler David Foster, principal of Foster Remodeling Solutions.

"We met some homeowners at a local home show who raved about David," Sandy recalls. "David has a low-key style, and a strong service orientation that helps us make informed decisions."

Looking back, while the remodeler's fresh design ideas were critical, the couple also appreciated his clearly-stated, always-reliable cost projections.

**"WE WERE ON THE CUSP** of retirement and didn't want debt," Mike Nusbaum says. "Our first thought was to make targeted improvements to the kitchen while keeping our options open for the larger family entertainment suite we might undertake as



**Mike and Sandy Nusbaum have enlarged their home four times in the past ten years. Each phase has improved the home's overall functionality, which has transformed it into a preferred gathering place for children, grandchildren and extended family. The garage and storage units have resulted in a dramatic improvement in available space and eliminated clutter.**



**Only 150 square feet was added to the family room, but the four-window course with "eyebrows" creates a visual continuum that makes the room feel significantly larger.**



**The first phase of a 10 year remodeling plans entailed replacing the kitchen/living room divider wall with a dining counter/serving station. The revisions allowed light from three directions. Maple cabinets and Silestone quartz surfaces provide a tonal and textural contrast.**

we assessed the budget issue."

Foster was not only supportive of such thinking, but, as the Nusbaums learned, considers "phased remodeling" an integral part of his company's service.

"I grew up in Fairfax County and have learned my business by helping homeowners find a process that will work for them as they think ahead," he says.

Once work began, the Nusbaums particularly noted the foresight Foster brought to each improvement.

"Ten years ago, we wanted the rooms extending from the kitchen to function better as a place for entertainment. We had a small dining room that wasn't being used much. The back rooms were too dark," Sandy Nusbaum recalls.

In short order, the wall between the kitchen and dining room disappeared, replaced by a three-stool Silestone counter that has become the couple's primary kitchen gathering area. That counter surface was also positioned as a serving sta-

tion for the new elevated 16-by-16-foot screened porch that is now a much-used fair-weather dining spot.

A new window over the kitchen sink adds natural light and a lovely view of the backyard. "When you walk from the kitchen to the screen porch, it feels like you're walking in the air through the trees," Sandy says. "This gave us a wonderful re-discovery of our own backyard."

From there, it wasn't long before the Nusbaums began planning an extension of the rear family room, an open-air grilling deck and a pathway that permits children, grandchildren and guests to circulate freely through a wide-ranging suite of rooms used for social gatherings.

"It was at this point that we started having holiday gatherings for up to thirty," Sandy says. "Such fun!"

**WHICH LED TO THE THIRD PHASE:** Transform the 800-square-foot lower level into an exercise room that doubles as a guest

suite. Here a comfortable Murphy bed folds out of a discrete closet. There's a full bath, and built-in serving station with refrigerator and microwave. The Nusbaums refer to it as "the family suite." On holidays, it can be occupied for two or three days a stretch.

Then, just last year, Foster created a second bay for the garage by building a wing off the side elevation. The new construction is supplemented by a garden shed accessed from the yard. The contents, pruning tools, mower, freed up floor space in the garage, which now (for the first time) has room for something special: two cars.

"What we really appreciate about David Foster is there are no bad surprises, and frequently there are good ones," Mike Nusbaum said. "Last year, for instance, he repaired a window that was out of warranty and didn't charge us. That kind of service encourages you to think ahead."

*John Byrd (byrdmatx@gmail.com or www.HomeFrontsNews.com) has been writing about home improvement for 30 years.*

# Threading Your Way Through the Maze

One family's journey finding help to care for husband with dementia at home.

BY EDEN BROWN  
THE GAZETTE

Laura "Fayse" Howard lives in the house her husband Allen built in South Arlington. The side entrance looks out on bird feeders hanging from a tree he planted. There is a bench big enough for two in the garden. The kitchen is the way kitchens used to be: cozy, galley size. In the living room, there are pictures of family, an antique organ, crocheted blankets, and a rescued dog named Diva who is keeping an eye on things from "her" armchair.

It feels like home, and it has been home to the Howards since Laura, or "Fayse" as her husband nicknamed her, came to Washington from southern Virginia, at age 17, to work at the FBI, and met Allen Howard, who had just been demobilized after serving the Coast Guard on a destroyer escort in WWII.

It was here that Allen Howard, 91, died recently, at home, with his wife and daughter Joan, and his nighttime caregiver, by his side.

Allen Howard had dementia, he probably had it longer than anyone knew, his wife thinks. He was 91. At Christmas, a year ago, he started really showing it. He went upstairs to be by himself while his much loved family was visiting downstairs in the family room; that wasn't like him. He accidentally set things on fire in the kitchen, leaving burners on. He put the outside water hose into the dryer vent.

In January, they sought medical advice. Their neurologist did tests and reported that Allen Howard had dementia. His wife couldn't leave him alone anymore. She had a good neighbor up the street who would come watch him while she ran to the supermarket. Otherwise, she was with him, 24/7. He was disoriented. He fell a lot.

Howard's daughter, Joan Davis, had come home for Christmas and saw how things were with her father. She didn't know how bad it had gotten, though, because over the next two months, her mother didn't let on how much the disease was taking a toll on both Allen as patient and Fayse as caregiver, or how little help they were getting. She didn't want to burden her children.

In late March, Howard called Arlington County to get hospice care set up because she had been told by their doctor that it was a way to get help. When she called Arlington County's Office on Aging and Disability, she says they told her over the phone that he didn't qualify.

Everyone kept suggesting Adult Day Care, but Fayse Howard said, "No, he's upset enough. That will upset him more."



PHOTO BY EDEN BROWN/THE GAZETTE

Fayse Howard at home in Arlington with her dog, Diva.

**THAT WAS BEFORE** the accident.

On May 12, as Fayse Howard guided Allen into the dining room for lunch, he fell backwards, on her, and she fell too, breaking her hip. They lay on the floor. Neither of them could move for a while. Then she helped him get up to a sitting position and asked him to try to reach the phone; he handed her the TV remote control. She talked him through it, finally getting him to pull on the telephone cord. She didn't call 911 first. She called her neighbor to come watch her husband before she went to the hospital.

Davis came out from Wisconsin to help as soon as she could: she was surprised things had gone downhill so fast with her father. She got the doctor to intervene on the hospice option: Allen definitely qualified for hospice services which began right away.

But that wasn't enough care. Davis started diving into the problem. She wanted to make sure her mother was never left alone with her father again. She knew there were many options for help in the Arlington area: the Elderly Disabled or Consumer Direction Waiver (EDCD), PACE, the Veterans Administration (VA) Hospital, Arlington County Office on Aging and Disability. Davis started keeping a journal to help her thread her way through the daunting maze of options.

Fayse Howard had already enlisted the help of Arlington County's office of Aging and Disability Services after the fall. She

needed someone to come in and watch Allen while she was in the hospital. Arlington had given her a list of caregivers. Some were very good, and very expensive, she said. She paid out of pocket for the care. But later, when her daughter got involved, and because she stressed that both parents were disabled now, they were more helpful. Howard said, "I would have given up after the first voice message. My daughter just kept on them."

Because both members of the family were disabled, Arlington provided paid care from 9 a.m.- 2 p.m. five days a week. But as soon as Howard's hip was healed the benefits stopped.

Howard said she was distraught and tired. "I just gave up", she said. "All I cared about was my husband and his comfort."

Davis called the County and got more help. They were then able to get 15 hours of care a week, but by June 30 time ran out for that application; they had to reapply for help. Howard had trouble with the online application and said she wishes Arlington would offer paper applications to those who didn't grow up with computers.

But there was still not enough support. It was up to the family to fill in the hours with private caregivers, paying them out of pocket, to help take care of her husband. Howard said she paid an assortment of part-time workers about \$6,000 a month for 8 months in order to keep her husband at home.

Davis's research showed that there were benefits due Howard because of his veteran status. She called the Veterans Administration Hospital and they agreed to evaluate him in D.C.

Davis described a series of events that she said was almost comical. There they were, her mother on a walker, her father in a wheelchair.

Howard remembers the social worker suggesting her husband "really needs to be in a nursing home." Their own doctor too had said the place for the Howards was not in their home, but in a facility. But Fayse Howard didn't think that was the right solution for her.

Both she and her daughter remember that painful day at the VA, filling out the long, involved forms, listing their finances. The VA sent them home that day with no plan, and said they could do more the next time he came.

**HOWARD SHAKES** her head in dismay telling the story. "Do they have any idea how hard it is to get a dementia patient out of the house, into a car, into a large hospital, on time, without an accident?" She had to hire a caregiver just to help get him into the car.

Then the Howards were put on a waiting list because there was no staffing for them. "Imagine," Howard said with a wry smile. "They put a 91-year-old man with late stage Alzheimer's on a waiting list."

On Sept. 9, the VA social worker finally organized care at home. The care from the VA Hospital was helpful, Howard said, but there were many challenges.

Howard remained the chief caregiver, despite the help. She managed the new challenges thrown her way as the disease progressed.

"He would hold pills in his mouth," she said. "They'd find them later on the floor when he spit them out." His dentures no longer fit so he couldn't chew his food anymore so Fayse pureed three meals a day for him so he could eat.

Fayse Howard found that she alone could get him to swallow when he resisted, or calm him down when he was upset. He would hold her hand, and give it a squeeze. Sometimes, he'd give her a smile that made it all worth it, she said.

Although their doctor took good care of her husband, Howard says she had to tell him one day to stop telling her to "remember you are not alone."

"I am alone," she said. "I've been alone since he got sick. When a decision has to be made, I make it. When I'm all alone in that house with him and he looks at me for consolation, it's I who have to take his hand and hold it, and try to keep things even."

And fewer people came to visit. Those who did found that Allen Howard always perked up when an old friend or family member came by, even if he didn't remember them by name. Howard was so housebound that many times she felt iso-

SEE DEMENTIA, NEXT PAGE

# Senior Living Finding Help

FROM PREVIOUS PAGE

lated, and would have really lost her ability to cope had it not been for her neighbors, particularly Woody and Margaret Staeben. Woody, she said, comes in once a week to have a beer with her. “We call it our “meeting”, she laughed. It meant she and her husband had not been forgotten.

Howard said she had never heard of any of the services of Arlington County, like the Personal Advocate. She hasn’t been to any community centers. She has a computer, but doesn’t use the internet. “I guarantee you without my daughter, I wouldn’t have made the second phone call,” she says of the effort to find help. Allen Howard had run his own business. Faysé Howard had given up her retirement fund to add money to the business when it was having trouble. They worked hard, raised three children, sent one to college. They had enough to live on, just not enough to manage a long health crisis.

Davis says the thing that bothered her the most is that “there was no one to tell us what to do, no road map.” There were so many moving pieces.

Patty Sullivan, Interim Operations Manager of Arlington Neighborhood Village (ANV), agrees it is a real maze. As a member of the Arlington Commission on Aging, she knows there are many services available to Arlington residents, but is not sure why the word is just not reaching those who need the information, despite the brochures Arlington hands out.

“There isn’t a system,” she said. “Medicaid and Medicare, Social Security, State programs, County programs — none of them overlap.” You can hire a “care manager” to help you thread your way through the system, but that is prohibitively expensive, or you can join Arlington Neighborhood Village which provides some personal advocacy.

“Arlington County doesn’t have the capacity to handle all the issues with the elderly that are now coming into play,” she said.

Allen Howard will be laid to rest in Arlington National Cemetery on June 24.

Faysé Howard has a little more she’d like people to know.

“I want people to know it’s not all bad. When he looked across at me and smiled, or held my hand”, Faysé Howard said, “I knew I was doing the right thing. Knowing they depend on you, and that the

sound of your voice would still make a difference to them, even in the late stages of dementia, added a dimension to the meaning of marriage that some people might find hard to understand but it’s just as beautiful as some other stages.”

## Advice from People who have been there:

What to do if you have a family member with Dementia:

- ❖ Plan for this even if both parents or spouses are healthy now.
- ❖ There are shortcuts: find out what they are. Tell your caseworker you don’t have much time.
- ❖ Ask for help; don’t try to do it alone.
- ❖ Don’t take “no” for an answer: keep asking and adding information. Often no doesn’t mean no.
- ❖ Insist on having a social worker assigned to you from the beginning, especially at the VA.
- ❖ If you are rejected by the Veterans Administration, don’t appeal: file to “reopen with new evidence.” Otherwise, you could be waiting years.
- ❖ Plead and beg: this is not a time to act self-sufficient. Don’t underestimate how bad your problem is: be graphic about the need.
- ❖ Plan ahead for this: no one wants to plan for Dementia, but if you don’t, you could end up being unable to arrange care; consider long term care insurance or find a living situation where there is a bedroom on the ground floor and room for a relative or caregiver to stay there overnight.
- ❖ Keep a journal with careful notes about who you have spoken to and what you were told. It will be invaluable when you have to call people back or remind them what they had agreed to last week.
- ❖ Be understanding when a child can’t or won’t help. Different people react in different ways.
- ❖ Get hospice early, check eligibility early.
- ❖ Volunteer: you can learn a lot about opportunities for the elderly by being part of an organization, and it will help keep you plugged in.
- ❖ Ask multiple sources about available resources. Everyone has a different piece of information to add.
- ❖ Get physical therapy for the patient for as long as possible.
- ❖ Don’t be ashamed to tell others. Dementia now affects 5.4 million Americans.
- ❖ Encourage visitors; some people shy away from visiting because dementia patients don’t always know who they are or respond appropriately, but they know when they are being visited; it provides relief for the family member too.

“Imagine putting a 91-year-old man with late stage Alzheimer’s on a waiting list.”

— Faysé Howard



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— Helena Scott

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## Senior Living

# Luxury Condos are a Growth Market for Seniors

Active retirees seek options for independent living, including condos in Alexandria, Arlington, Tysons, Reston, McLean, Bethesda and Chevy Chase, among others.

BY MARILYN CAMPBELL  
THE GAZETTE

When Joyce and Don Lipman decided to move out of their Potomac, Md. home, they opted for a high-end townhouse instead of a retirement community. They gained a cosmopolitan environment and lost the burdensome maintenance of a large home.

"My husband always hated taking care of the grounds and he didn't want to pay someone to do it, and we weren't ready for a retirement community," said Joyce Lipman, who is 71. "Now I can walk to the shopping center and to my doctor's office. I couldn't believe it the first time I was able to go without my car. It was like a new lease on life."

When another active retired couple decided to downsize and move out of their home, they opted for a high-end condominium instead of moving to a retirement community. They enjoy traveling and own a beach home where they often spend time. When it came time to design their new living space, they sought the help of Kelley Proxmire of Kelley Interior Design in Bethesda, Md.

The couple wanted "a pretty, yet practical home and also a place they could lock and leave on a moment's notice," said Proxmire.

Condominiums and townhouses are growing in popularity for midlife couples because unlike large homes, they don't require a lot of maintenance, and they offer opportunities for living independently.

"In the next three to five years, luxury condominiums are going to be extremely popular with that age group, those who feel the colonial home is too big and they don't want the ... mentality of retirement communities," said Debbie Miller, an Arlington-based associate broker with McEneaney



Kelley Proxmire designed plush interior for a retired couple who downsized from a larger home into a luxury condominium.

**"In the next three to five years, luxury condominiums are going to be extremely popular with ... those who feel the colonial home is too big and they want the freedom of locking and leaving their home."**

— Debbie Miller, McEneaney Associates

Inc. who specializes in the 55 and over real estate market. "Luxury condominiums provide a great option."

Miller says that in addition to proximity to shopping, dining and public transportation, amenities such as a 24-hour concierge

service that can handle requests such as meal delivery and grocery shopping make high-end buildings sought after among well-heeled retirees.

The buyers Miller works with are looking for condos "that provide a 'lock-and-leave' advantage for residents who ... like to travel or who spend six months here and six months elsewhere."

Such condominiums are prized and often hard to obtain.

"There are some that are very exclusive and [others that] don't come on the market very often," she said. "I sold a unit in the Rotonda [in McLean] a year ago and had multiple offers that were all cash."

**ONE REASON THAT** retirees opt for condominiums over retirement communities is freedom without restrictions, such as the frequency or length of stay for overnight guests. "In a retirement community, your

grandchildren might only be able to visit for two weeks. Condos provide more of an independent feel," said Miller. "Owning a condo allows them the opportunity to pay the condo fee and come and go as they please and someone else takes care of the maintenance."

Another reason is proximity, with a condominium community more likely than a retirement community to be in an urban environment like Arlington, Reston or Tysons.

Among the most favored luxury condominium properties in Northern Virginia, says Miller, are The Palladium of McLean, Midtown at Reston, the Porto Vecchio in Old Town Alexandria, and the Turnberry Tower in Arlington.

"There are many other high-rises that appeal to the 55 and older crowd due to convenience and lots of amenities and that are walkable," she said.

Gerontology experts offer perspective for retirees who are looking to buy a new home. "The main thing is to consider safety," said Beverly Middle, DNP, RN, Assistant Professor of the College of Health and Human Services in the School of Nursing at George Mason University. "Communities where there are other older adults tend to have services in place to support them."

Middle recommends using evidence-based design when creating dwellings suitable for seniors. "It's a new science that's geared toward older adults and is very specific to their needs," she said.

Addressing retirees' desire to live a vibrant and active life that takes freedom and safety into consideration, some retirement communities are working to broaden their appeal to a wider group of seniors. For example, Sunrise Senior Living, based in McLean, created a Live With Purpose program which offers residents structured programs that include activities for volunteering and learning.

"No matter your age, each of us has interests, desires and activities that make us feel whole and help contribute to a meaningful, healthy life," said Rita Altman, senior vice president of Memory Care & Program Services for Sunrise.

## Golden Notes

FROM PAGE 2

Michelle Scott, executive director, Shepherd's Center of Oakton-Vienna; Matthew Barkley, director, Disability Services Planning and Development. Panelists will discuss transportation, social programs, accessibility and home safety, community engagement and the Fairfax 50+ Neighbor to Neighbor Initiative.

### ❖ Fun on the Horizon

Evan Braff, regional manager, Department of Neighborhood and Community Services; Jennifer Disano, executive director of the Osher Lifelong Learning Institute

at GMU. Learn the benefits of participating in leisure activities that support mental and physical health.

❖ Connected Health: A Healthier You Through Technology  
Telehealth, sometimes called Telemedicine, improves health by connecting the patient at one location with the provider at another site. Learn about telehealth in addressing diabetes and heart disease.

❖ Keynote Speaker, Dr. Lindsay: Richard W. Lindsay, M.D., is Professor Emeritus of Internal Medicine and Family Medicine at the University of Virginia Health Sci-

ences Center, and is founder and former Head of the University's Division of Geriatric Medicine.

## 50+ Employment Expo

Dozens of job recruiters will be present at the 50+ Employment Expo on Monday April 18, 10 a.m.-2 p.m. The day features seminars on changing careers, online job searching, continuing education and resume help.

Recruiters include nonprofits, government agencies, healthcare, retail, technology and more.

Chief Meteorologist Doug Hill of ABC 7/ WJLA-TV News will be the special keynote speaker.

The Expo takes place at the Sheraton Tysons Hotel at Tysons Corner, 8661 Leesburg Pike, Vienna. This site is accessible via Metro Silver Line Spring Hill stop.

The Expo is sponsored by the Jewish Council for the Aging, Fairfax County and community partners. Free admission and parking. Registration is not necessary— just show up.

This event possible in part by funding from the Morris and Gwendolyn Cafritz Foundation and supports the Fairfax 50+

Community Action Plan.

## Senior Softball

Join Northern Virginia Senior Softball for fun, fitness, and friendship, (men age 50 and over, women age 40 and over). The average age of players is 66. Games are played Tuesday and Thursday mornings, April-July and September-October. Placement on one of 26 teams in three skill leagues is by ability assessment, not a tryout. Everyone present bats and 11 play defense. To get the ball rolling, go to [www.nvss.org](http://www.nvss.org) or call Dave at 703-524-5576.

## Senior Living

# 'Shark Tank' for Seniors

High school students design and present tech products to improve older adults' lives

BY TIM PETERSON  
THE GAZETTE

Chantilly High School freshman Aru Rajpurohit remembers seeing her great-grandfather struggle to drink his morning tea and other beverages, his hands shaking from Parkinson's disease.

"As a young child, it was heartbreaking to see him like this," Rajpurohit said. "Often he was embarrassed after spilling in front of friends and family."

Motivated by the memory of her great-grandfather, she's always wanted to develop a solution for this problem of spilling caused by tremors. On Monday, March 28, Rajpurohit presented her invention called StabilityCup, a shock-absorbing beverage holder, at the first Assistive Technology "Shark Tank" Challenge for Fairfax County High School Students.

Six finalists from Chantilly High School, South Lakes High School and Thomas Jefferson High School for Science and Technology presented their innovative solutions for solving different problems that senior citizens face.

The challenge originated from the Fairfax County 50+ Community Action Plan Technology Committee, which has been working on an initiative called "Help People Stay in their Homes with Technology."

Sharon Lynn, director of the Fairfax Area Agency on Aging, said the motivation for creating the challenge was twofold: "Many students don't have grandparents that are local, that they get to interact with. They're not really aware what it's like to have a

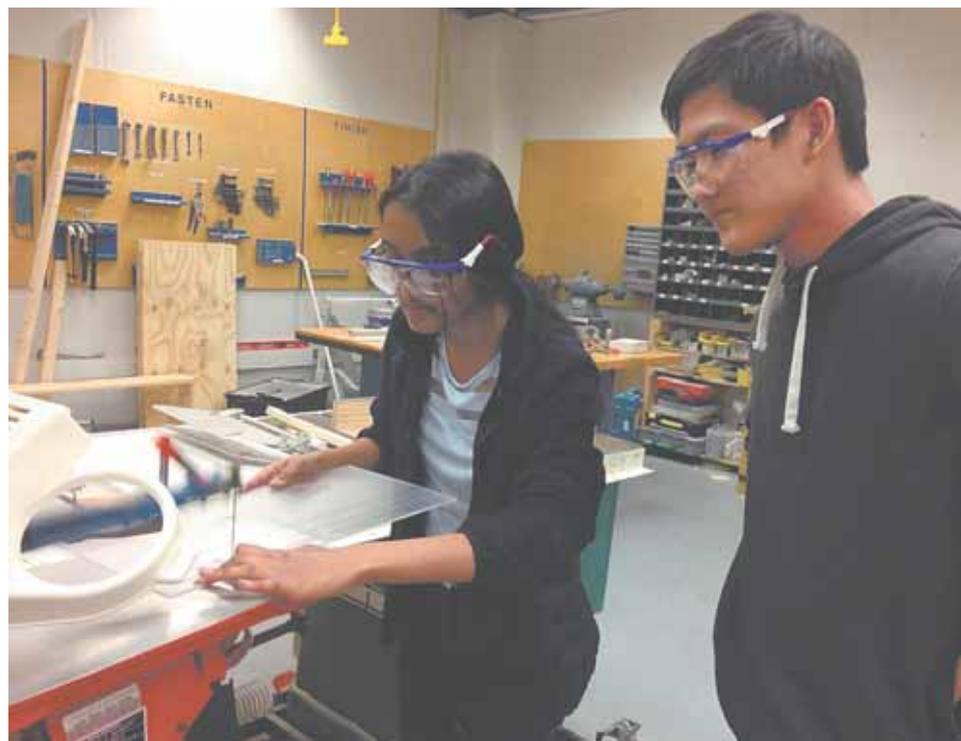


Srijay Kasturi (right) monitors a laptop while his father Srini Kasturi (left) observes Charles Schanker (center) testing the Stride obstacle-sensing device at Herndon Senior Center.

grandparent nearby."

But also, Lynn said, they wanted to encourage students to think about the possibilities for how technology can benefit people, "not just to make life easier in some way, but can benefit older adults, help them live at home for a longer period of time and benefit the community."

SEE SHARK TANK, PAGE 8



Chantilly High School sophomores Tanvi Nallanagula (left) and Eric Kim (right) fabricate their "Ledge Wedge" design that would help better illuminate staircases for older adults.

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# 'Shark Tank' for Seniors

FROM PAGE 7

The full 50+ plan includes 31 action items from a long-range trends and needs analysis to increasing employment and entrepreneurship opportunities for older adults.

Supervisor Pat Herrity (R-Springfield) chairs the 50+ full committee. He said "we've got a long way to go" implementing initiatives like prenotification of medical conditions for 9-1-1 calls and ensuring housing options for seniors. However other projects including older adults visiting elementary schools to read and interact with students ("Grand Involve"), and a free, ride-scheduling service ("Northern Virginia Rides") "are moving forward at light-speed."

Herrity is especially excited about initiatives like Grand Involve and the Shark Tank Challenge that engage older and younger adults, that get the generations helping each other.

"It's the communication piece," he said, "and getting seniors to use technology as an avenue to expand their communication and knowledge they might be missing out on."

Srijay Kasturi, a sophomore at South Lakes High School, repurposed an ultrasonic sensor he had been developing for use with camera tripods to fashion an aid for older adults with impaired vision.

"Many seniors would rather suffer from a lack of vision than use the 'white cane' that blind people use," Kasturi said. "Then they get labeled as a blind person."

"Stride" attaches to the user's shoe and scans up to six feet ahead within a 45-degree cone. If something's in the way, the unit



**"Stride," a design by South Lakes High School sophomore Srijay Kasturi, senses objects up to six feet in front of the wearer and transmits a vibration to their ankle to warn them.**

sends a vibration to a wrap around the person's ankle.

Kasturi tested the product at both the Herndon Senior Center and Nova Labs. Though he got a lot of positive feedback, he also saw a lot of room for improvement. One user with diabetic neuropathy wasn't able to feel the vibrations, while another was unsure of whether to go left or right to avoid the obstacle in front.

Kasturi's initiative to go out and test the design multiple times impressed Mike Waddell, managing partner and co-founder of Reston-based Integrity One Partners, an information technology solutions firm for government clients that

sponsored the challenge.

"This youngster, something touched his heart," Waddell said, "and he decided was going to do something about it."

Stride wasn't the only product that had hurdles to develop. Waddell said he was surprised that almost all of the students had a story about how they tried to make something, it didn't work, and they kept at it.

Waddell said he appreciated "their thoughtfulness and tenacity, to go after

something like this, develop all the software and hardware solutions on their own.

"These are they types of kids we're looking to employ," he continued. "It's why we do this, to show the younger generation how much we appreciate what they're doing."

Tanvi Nallanagula, a sophomore at Chantilly High School, was part of a team that designed and built the Ledge Wedge, an automatic light that brightens staircases to help decrease the amount of injuries that occur from falling.

"Seniors are a really valuable part of our society," Nallanagula said. "You sometimes forget that. As you talk, you can learn so many things. They still have a lot to teach us and it does no good to abandon or forget them."

Winners of the Shark Tank Challenge will be announced at the Fairfax Area Living Well, Aging Well Summit, a free convention of vendors, resources and services for seniors scheduled for Saturday, April 16 at the Fairfax County Government Center.

The website for the summit is [www.livingwellfairfax.org](http://www.livingwellfairfax.org). More information is also available by phone at 703-324-7647. For more information on the 50+ Community Action Plan, visit [www.fairfaxcounty.gov/dfs/olderadultservices/fairfax50plus.htm](http://www.fairfaxcounty.gov/dfs/olderadultservices/fairfax50plus.htm) or call 703-324-5720.

PHOTOS CONTRIBUTED



**(Top row, from left) Michael Waddell, Kay Lamer, Supervisor Pat Herrity (R-Springfield), James Quigley and (bottom, from left) Julie Barber and Cindy George helped judge the first Fairfax County 50+ Assistive Technology "Shark Tank" Challenge for Fairfax County High School Students on March 28.**



**Chantilly High School sophomores Megan Van Rafelghem and Christine Shan work on building their team's "Ledge Wedge" for the Assistive Technology "Shark Tank" Challenge for Fairfax County High School Students.**